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Official Handbook

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PUBLIC SCHOOLS
ATHLETIC LEAGUE

1908-9

Edited by
ELIZABETH BURCHENAL
AND
MARY A. WOLLASTON

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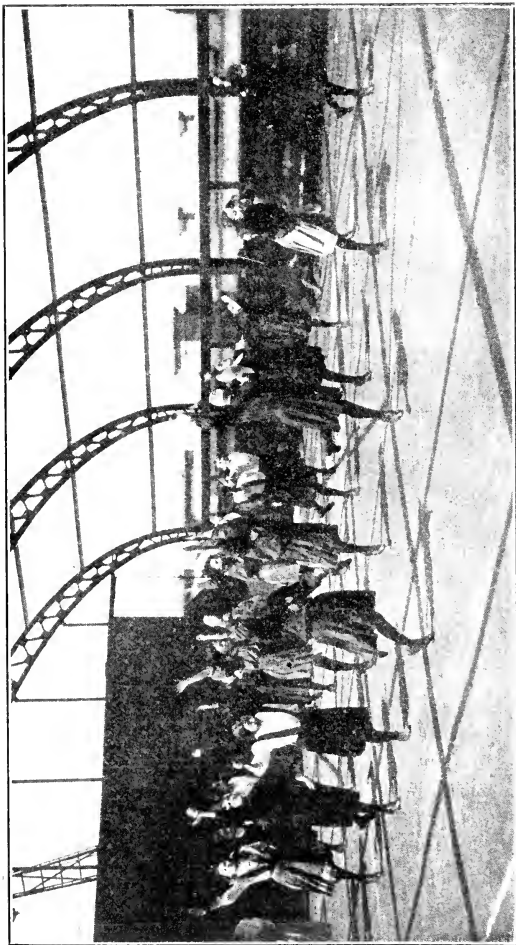
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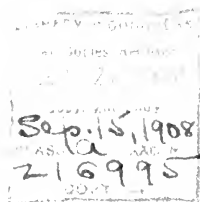
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OFFICIAL HANDBOOK
OF THE
GIRLS' BRANCH
OF
THE PUBLIC SCHOOLS
ATHLETIC LEAGUE
OF THE
CITY OF NEW YORK
500 PARK AVENUE



Edited by
Elizabeth Burchenal and Mary A. Wollaston

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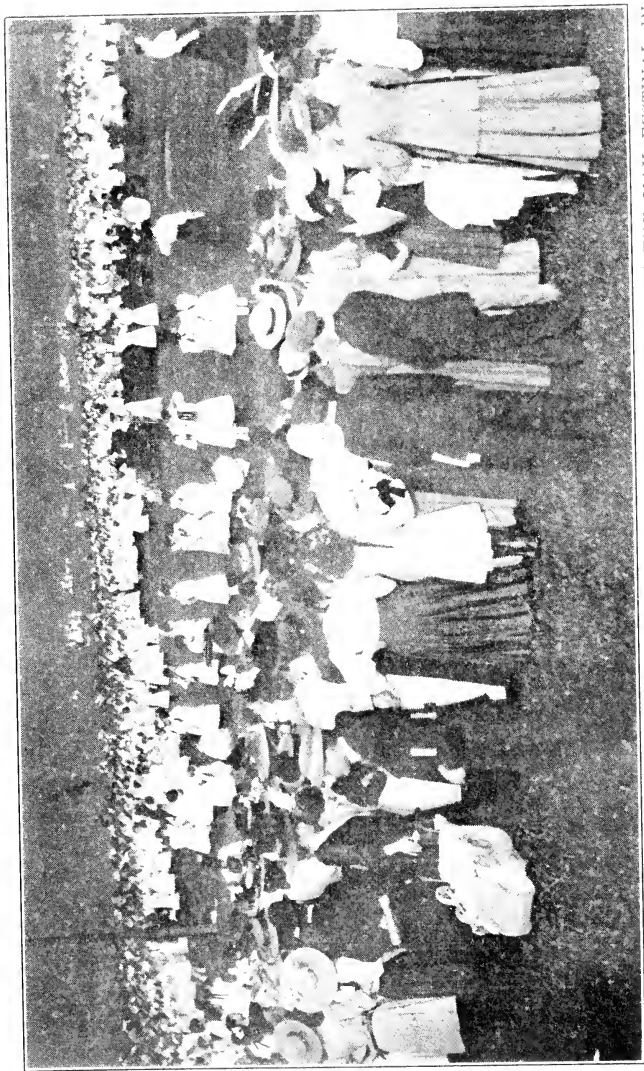
AMERICAN SPORTS PUBLISHING COMPANY

NEW YORK



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FOURTEEN HUNDRED CHILDREN DANCING; THE SWEDISH CARROUSEL, AT THE MAY FESTIVAL IN CENTRAL PARK.

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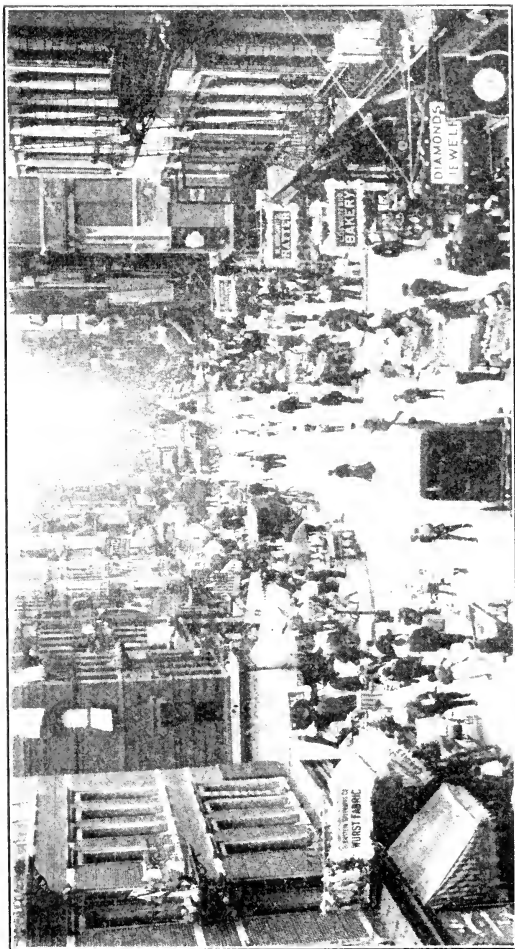
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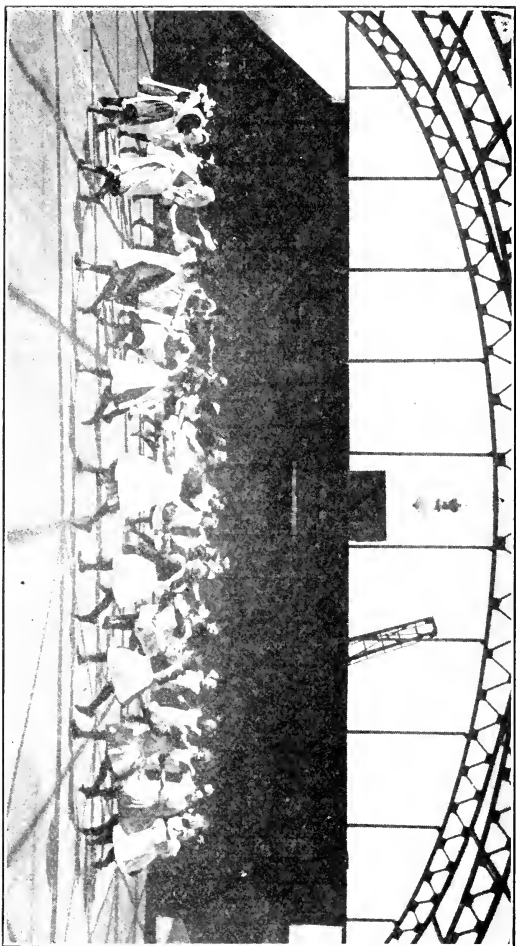
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THE ONLY PLAYGROUND OF THOUSANDS.



ROOF PLAYGROUND IN THE SAME DISTRICT.

Our Purpose

The great importance of athletics and physical exercise in the development of boys and young men is to-day unquestioned. They are just as essential in the development of girls and young women, and yet this need of the school girl has been comparatively untouched until within a very short time.

The city girl, particularly in the crowded districts, loses entirely the physical exercise which all country girls get both in ordinary housework and in their play. The work of the Girls' Branch of the Public Schools Athletic League was started primarily with the idea of replacing this lost exercise with forms of exercise and recreation suited to the mass of city school girls.

The street is a bad place for recreation for girls and yet for a large proportion of our public school girls it is the only place as yet available. For three years the Girls' Branch has been working to get school playgrounds opened after school hours in charge of competent teachers. At present it is furnishing to thousands of girls the only opportunity for healthful, normal development.

Free classes are held for public school teachers, training them in folk dances and athletic games—and in return for these lessons the teachers pledge themselves to teach their classes in the public schools for one hour a week, after school hours.

The teachers have in their classes many of the "little mothers" of the great East Side of New York, whose growth and development are stunted by drudgery and the care of younger brothers and sisters. We have found that it has brought a joy and pleasure into the lives of many of the "little mothers," and they become for an hour or so a week what they should be, "happy little children."

Its success as far as numbers go is indicated by the following figures:

In 1905-6—328 girls attended classes under 38 teachers in 9 schools.

In 1906-7—2,346 girls attended classes under 165 teachers in 59 schools.

In 1907-8—8,219 girls attended classes under 253 teachers in 128 schools.

Our Policy

The general principle followed by the Girls' Branch is to develop work within the school rather than competition between schools, to select events in which teams rather than individuals may compete, to conduct all athletic practice and all competitions in the school building or grounds after school hours, under the direction of teachers in the school, and to admit visitors to competitions or demonstrations on invitation only, at the discretion of the Principal, and with no charge for admission.

Three types of work have been approved:

For Elementary Schools—

Folk Dancing.

Class Athletics (for class rather than individual records).

For High Schools—

Folk Dancing.

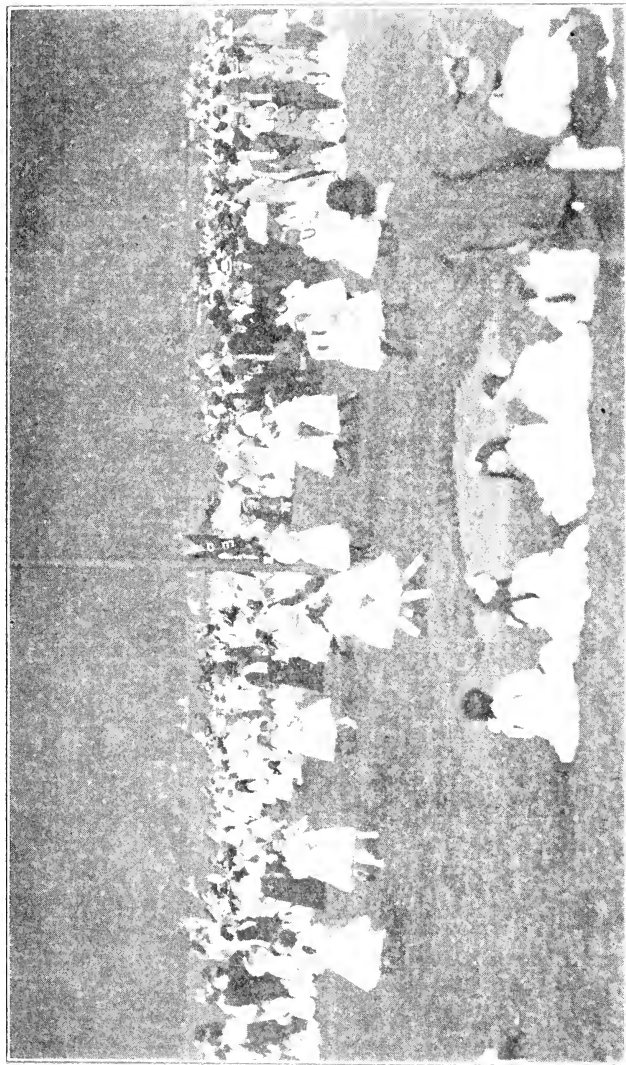
Class Athletics.

Team Games (including basket ball played according to Spalding's Official Rules for Women).

Of these it has been found that more girls can dance in the same space than can engage in either the class athletics or team games; that one teacher can instruct more persons in dancing than either of the others, and that the amount of wholesome exercise and pleasure that the pupils get is greater in dancing than in the others. For this reason the Girls' Branch is particularly favorable to the use of dancing in after-school athletic practice and sanctions it as a regular event in interclass athletic competitions.

TROPHIES.—In order to encourage after-school practice in the events sanctioned, the Girls' Branch offers a limited number of perpetual interclass athletic trophies for schools whose principals desire such trophies and wish to hold annual or semi-annual interclass competitions according to the rules adopted to govern such contests.

ATHLETIC PINS.—The Girls' Branch now has its official *League Pin*, which is awarded to the individual members of winning classes in such competitions.



DANCING THE BOHEMIAN STRASÁK IN CENTRAL PARK.

Exhibitions of Folk Dancing and Athletic Competitions

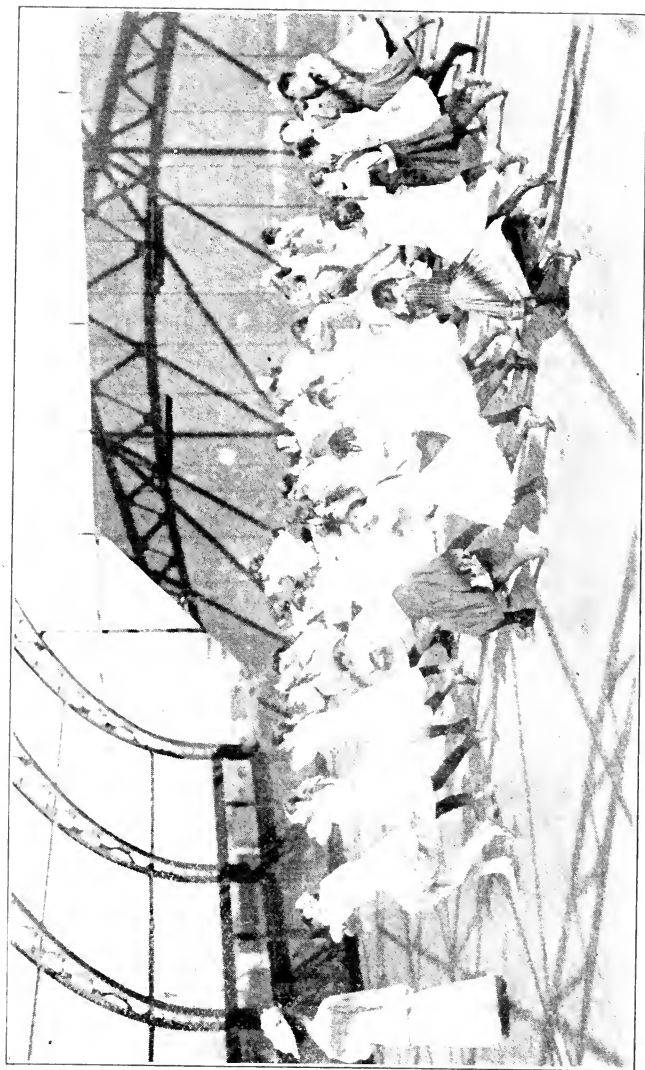
RECOMMENDATIONS OF THE GIRLS' BRANCH OF THE PUBLIC SCHOOLS ATHLETIC LEAGUE.

In the development of the good which we see in the physical exercise for girls, including folk dancing and athletics, we recognize that there are certain real dangers, and our problem is to secure the good results without fostering the evil possibilities. We believe that the danger may be avoided at least in a great measure by the following steps:

1. By having the folk dancing for school and social purposes only. It does not seem to us wise to cultivate in the girls the idea that they can make money by exhibiting their dancing. We do think that the exhibition of the folk dancing at the schools at the parents' meetings, at meetings where the friends of the girls are invited at school functions, to be not only desirable but useful; but we feel so strongly that when such exhibitions form part of pay entertainments, the idea of the stage is introduced and becomes sufficiently prominent to make us see that it would be better to eliminate these dances entirely, rather than cultivate this idea.

2. By having the work of such nature that it can be done by large classes, for the exhibition of one or even a few girls in special work, leans in the same way toward the stage. We feel strongly that this idea should not be the trend of our work.

3. In the folk dances the use of the national costumes of the country from which the dance is taken adds to its beauty, but we believe it would be better that such costumes should not be used. If paid for by the girls themselves they would introduce a social class distinction between those who could afford to buy them and those who could not, which would be unfortunate; if paid for by the teachers they would make a further demand on their resources, which we think would be equally unfortunate and which is far from our wish. The chief artistic element in the costume is that of unity, giving to all the members of a class that impression of homogeneity which is one of the basal principles of art. This can be accomplished by the use of some simple decoration, such as a uniform colored ribbon in the hair, a sash, a scarf or the like, which might be of cheesecloth or



HUNGARIAN SOLO,
Public School 13.

some other inexpensive material, so as not to be a burden of expense to any girl.

The use of the costumes also tends to make the folk dancing more of an exhibition than what it really is—a form of physical exercise. Whenever possible it is desirable that the girls wear bloomers and suitable shoes which allow greater freedom in exercising.

4. From the first we have clearly realized and tried to guard against that notoriety which is one of the serious dangers of athletics. We believe firmly in wholesome exercise and in a reasonable degree of competition, but wish to avoid that notoriety which would be inevitably attendant upon inter-school games. We believe that all the exercise of spirit of competition that are desirable can be secured by games between teams within the classes and between the classes within the same school. Therefore, we deplore all competition of basket ball and other games of a similar nature between teams from separate schools, but this of course would not interfere in any way with the meeting together for social purposes and in the participation in friendly sport of pupils from different schools when under the auspices of their own teachers or parents.

Signed:

	{ Catharine S. Leverich, Pres.
	{ Grace H. Dodge.
	{ Martha Lincoln Draper.
	{ Laura Drake Gill.
	{ Annie W. S. Low.
	{ Kathryn Mackay.
Committee on Recommendations.	{ Fannie Griscom Parsons,
	{ Caroline S. Spencer.
	{ Ellin P. Speyer.
	{ Edith M. Phelps-Stokes.
	{ Emmeline Winthrop.
	{ Jessie H. Bancroft.
	{ Julia Richman.

BOARD OF EDUCATION.

Park Avenue and Fifty-ninth Street.

NEW YORK, May 9, 1907.

MISS CATHARINE S. LEVERICH,

President, Girls' Branch, Public Schools Athletic League.

Dear Madam:—

While I have been greatly interested in the work of the Girls' Branch of the Public Schools Athletic League, I have been afraid

that there might be danger in some cases of the instructions in folk dancing resulting in directing the attention of the children to performing in public and to stage dancing.

The recommendations of the Girls' Branch, which I have just read, seems to me therefore most judicious, and I trust will be generally followed.

Very truly yours,

EGERTON L. WINTHROP, JR.,

President Board of Education.

DEPARTMENT OF EDUCATION, THE CITY OF NEW YORK.

OFFICE OF THE CITY SUPERINTENDENT OF SCHOOLS.

500 Park Avenue.

MAY 20, 1907.

MISS CATMARINE S. LEVERICH,

President, Girls' Branch, Public Schools Athletic League.

Dear Madam:—

I have read with care the suggestion it is proposed to send under the auspices of the Public Schools Athletic League to Principals of schools with regard to exhibitions in folk dancing.

I most heartily endorse every recommendation made in this communication. The communication is returned.

Very truly yours,

WILLIAM H. MAXWELL,

City Superintendent.

PUBLIC SCHOOLS ATHLETIC LEAGUE OF THE CITY OF NEW YORK.

20 Nassau Street.

NEW YORK, May 15, 1907.

MISS CATMARINE S. LEVERICH,

500 Park Avenue, New York City.

My dear Miss Leverich:—

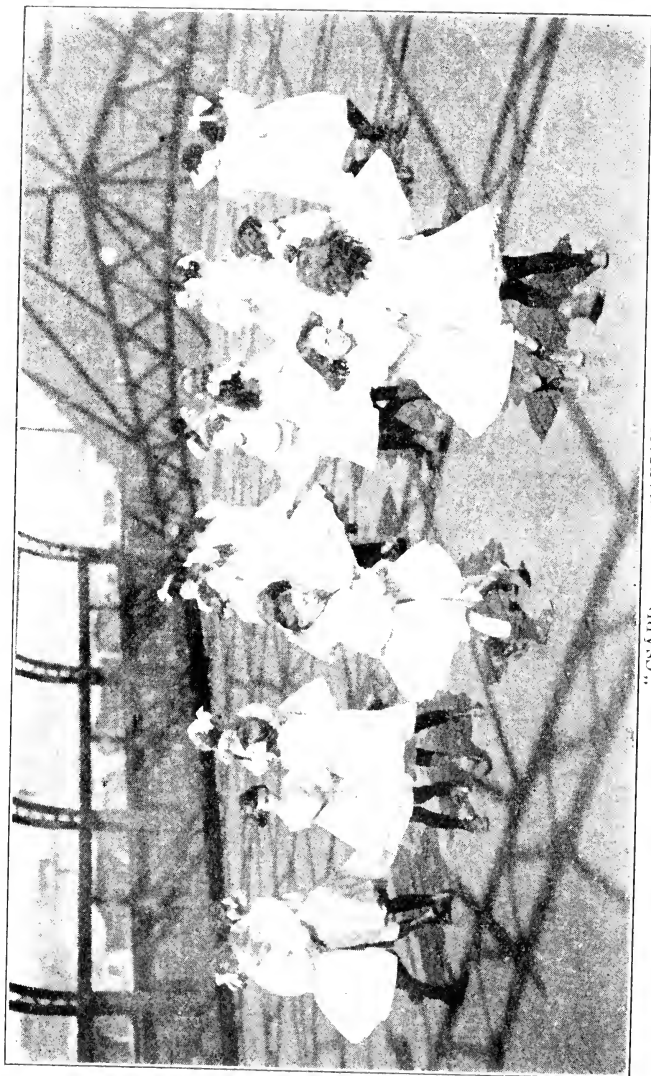
I have carefully considered the recommendations of the Girls' Branch of the Public Schools Athletic League which you forwarded to me in your letter of the 14th inst.

In a matter of this kind I should allow my judgment to be controlled by that of ladies such as those which compose your

Executive Committee, as I think they are more competent than any man can be to determine what is best for the girls. The suggestion of your committee that costumes should not be used, except some simple decoration to secure uniformity; that exhibition should not be given in large classes, and that the exhibition should be made as a form of physical exercise, rather than an exhibition of dancing, has my decided approval.

Very truly yours,

GEORGE W. WINGATE,
President Public Schools Athletic League.



"CSÁRDAG, HUNGARIAN,
Public School 131.

Free Classes for Teachers

In order to provide instruction in the events sanctioned for interclass competitions, the Girls' Branch offers a course in dancing and athletics, free of expense, to public school teachers who will in return give one lesson per week after school to athletic clubs organized in their own schools. It will be necessary to have at least two teachers from each of the schools represented—one who can play the piano and one who can demonstrate—and not more than four. These classes for teachers will reopen in October, 1908, and inquiries or applications for membership may be addressed to Miss Elizabeth Burchenal, Inspector of Athletics, Girls' Branch Public Schools Athletic League, 500 Park Avenue.

Constitution and By-Laws

ARTICLE I.

OBJECT.

SECTION 1. The particular object for which the Branch is formed is to devise and promote athletics for girls which will make for health, stamina and grace in the elementary, high and collegiate departments of public educational institutions of the City of New York. It is also the purpose of this Branch to co-operate with and support the Public Schools Athletic League.

ARTICLE II.

MEMBERSHIP.

SECTION 1. Membership shall consist of Annual, Life and Honorary Members, and of Patrons, Donors and Founders.

SEC. 2. Any person may become an Annual Member upon payment of \$10 per year.

SEC. 3. Any person by paying \$100 in one sum may become a Life Member.

SEC. 4. Any person by paying \$250 in one sum may become a Patron.

SEC. 5. Any person by paying \$500 in one sum may become a Donor.

SEC. 6. Any person by paying \$1,000 in one sum may become a Founder.

SEC. 7. Honorary officers and members may be elected.

SEC. 8. Membership confers upon a member no ownership in any property of the Girls' Branch.

ARTICLE III.

DIRECTORS.

SECTION 1. A Board of Directors, consisting of not more than forty-eight members, shall have control and management of the affairs of the Branch. Seven directors shall constitute a quorum.

SEC. 2. The directors shall be divided by lot into three classes: the first shall hold their office for three years, the second for two, and the third for one.

SEC. 3. The directors shall have power to fill vacancies which may occur in their body from time to time until the next annual election.

SEC. 4. At each annual meeting, the offices of the directors whose terms then expire, and also all vacancies, shall be filled by election by the members.

ARTICLE IV.

MEETINGS.

SECTION 1. The annual meeting of the Branch for the election of directors, and for such other matters as may properly come before it, shall be once a year. Election shall be by majority vote upon names submitted by a nominating committee appointed by the president, these nominations to appear in full in the notice of the annual meeting.

SEC. 2. At any meeting of the Branch, seven members shall constitute a quorum.

ARTICLE V.

OFFICERS.

SECTION 1. The officers of the Branch shall consist of a president, five vice-presidents, treasurer and secretary. The offices of secretary and treasurer may be held by one person. All officers, except the assistant secretary, may be directors.

SEC. 2. The officers of the Branch shall be annually elected at the annual meeting of the Branch. They shall hold office at the pleasure of the directors and until others are elected in their places.

SEC. 3. The president shall perform the usual duties of the office and shall preside at all meetings of the directors and the Girls' Branch.

SEC. 4. In the absence of the president, or in case of her inability to act, one of the vice-presidents shall discharge her duties. Should all five be absent from any meeting, the directors or members present shall choose one of their members to act as chairman who will perform all the duties of the president for the time being.

SEC. 5. The secretary shall attend the meetings of the Branch, of the directors, and of the Executive Committee, and keep the minutes of the proceedings, recording ayes and nays upon all questions where such a vote shall be demanded by any director. She shall conduct and preserve all correspondence, serve all notices, and perform the usual duties of the secretary. She shall have the custody of all the papers relating to the affairs of the Girls' Branch.

SEC. 6. The treasurer shall be the custodian of all the moneys and securities of the Branch. She shall collect and disburse all its moneys, keep account of its transactions, and make a report of the financial condition of the Branch in writing at its annual meeting, and to the Board of Directors at any such time as it may require. She shall pay no claims against the Branch exceeding \$25, unless the expenditure has previously been authorized

by the president, directors or Executive Committee. She shall deposit all moneys belonging to the Branch to its credit in an account to be opened in its name, and keep in a bank to be designated by the directors.

SEC. 7. The directors may at any time require the treasurer to give security in such amount as they shall deem proper.

ARTICLE VI.

COMMITTEE.

SECTION 1. There shall be an Executive Committee, composed of the president, treasurer, secretary and three directors or more, appointed annually by the president, which shall have all powers of the Board of Directors when not in session. This committee shall meet and transact business at the time specified for any meeting of the Board without further or other notice, and shall also meet at the call of the president. Three of this committee shall constitute a quorum.

SEC. 2. The president may appoint a Games Committee to consist of three directors which shall have all charge of all games authorized by the Branch. Such committee may associate with itself persons who are not directors.

SEC. 3. The president shall appoint a Finance Committee, consisting of five directors, which shall devise and report ways and means for the support of the Branch subject to the approval of the Board.

SEC. 4. There shall be such other committees as shall be authorized by the directors. The members thereof shall be appointed by the president unless otherwise prescribed by the directors.

ARTICLE VII.

NOTICES.

SECTION 1. All notices to members, and also all notices to officers and directors, shall be sufficiently served if mailed to them at the last address given by them to the secretary and treasurer respectively.

ARTICLE VIII.

AMENDMENTS.

SECTION 1. These By-Laws may be changed or amended by the unanimous vote or written consent of all the directors without previous notice at any meeting of the Board. Also by a vote of two-thirds of all the directors at any meeting, provided notice specifying the intended change shall have been given at a previous stated meeting, or such notice shall have been served on each director at least five days before the meeting.

Rules Governing Elementary School Inter-Class Athletic Competitions for Trophies Offered by the Girls' Branch of the Public Schools Athletic League

ELIGIBILITY.

For admission to after-school athletic practice every girl must be satisfactory to her Principal in effort, deportment and proficiency.

In order to take part in an interclass competition every girl must have attended school for one month, and must have received a mark of at least "B" for the month previous in proficiency, and "A" in effort and deportment.

OFFICIALS.

Competitions shall be under the direction of the teachers who have attended the teachers' classes of the League, who shall appoint their own officials and assistants subject to the approval of their principal and the Girls' Branch.

There shall be one set of three judges for the dancing alone, who shall be secured outside the school and approved by the principal and the Girls' Branch.

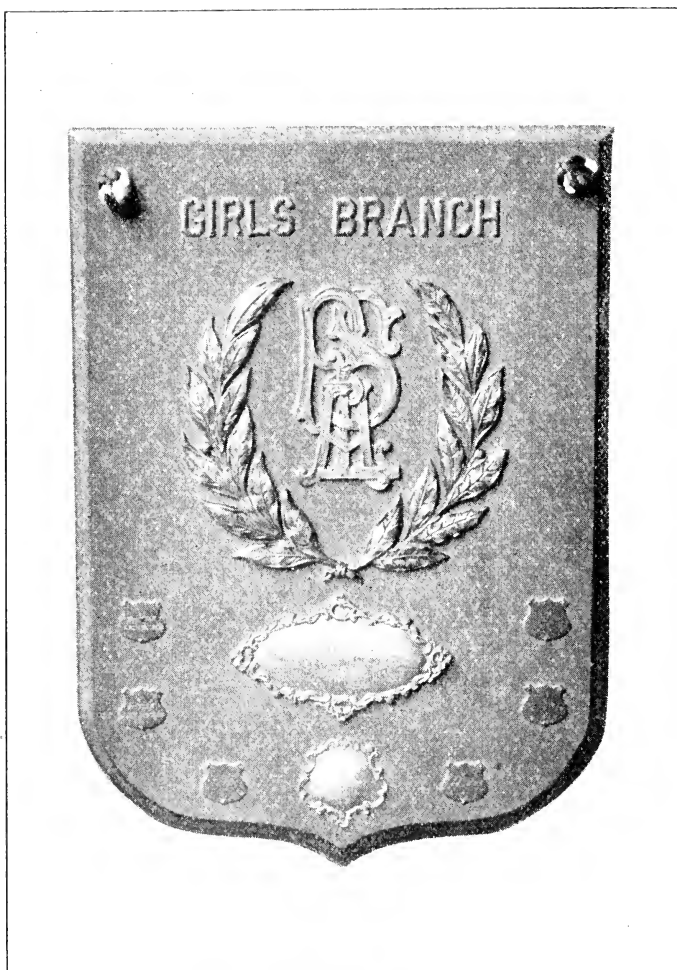
For the Relay Races, there shall be two Judges at the Finish, a Starter (who may also be one of the Judges at the Finish) and one Inspector for each team or section to watch for fouls and report them to the judges.

For the Basket Ball Throw there shall be one judge of the throwing and one recorder to keep the score, in points, of each class in this event.

There shall be one official recorder who shall keep account of the classes who win first, second and third places in each event. In each event, except dancing, first place shall count five points, the second place three points and the third place one point. The class totaling the greatest number of points for the whole meet shall be awarded the trophy, which shall be held by them until the next interclass meet.

EVENTS.

Competitions shall include the following events: Dancing, Shuttle Relay, Pass Ball Relay, All-Up Relay, Potato Shuttle Relay, and Throwing the Basket Ball for Distance.



ELEMENTARY SCHOOLS TROPHY.

Each event shall be a class event. There will be no individual events.

DANCING.

Each competing class shall have beside its own particular dance another which all classes have in common. After each class has given its own dance, all classes shall give the common dance together so that the merit of their dancing may be compared. It is not necessary to have an even number of girls in each class for the dancing. Each dance shall be judged on three points:

1. MemoryPossible 10 points
2. Form and Grace.....Possible 10 points
3. SpiritPossible 10 points

This makes a maximum of 60 points which it is possible for a class to win on its two dances. Instead of awarding the usual number of points for first, second and third places, the total number of points won by each class in dancing is credited to them.

No special costume other than a gymnasium suit shall be used. The element of unity may be supplied by uniform colored ribbon in the hair, a sash, a chest band or the like of some inexpensive material, so as not to be a burden of expense to any girl.

RELAYS.

In all relays an even number in the competing team is necessary. The start is given by three signals:

1. "On your mark" (one foot forward on the starting line).
2. "Get ready" (poise forward).
3. "Go."

It is desirable that each entire class should run as one team. In the Shuttle and All-Up Relays, if the number exceeds sixteen (16), each class may run a trial heat to pick its quickest half to represent the class in the final race. In these two events, the "touching off" is done with the hands, and each girl must *stand* till touched. If any girl crosses the starting line before being touched, her team has made a foul, and is counted out of the race unless the other competing teams have made an equal number of fouls, in which case first, second and third places are awarded as if no fouls had been made.

At the discretion of the senior judges a race may be run a second time.



ALL UP RELAY RACE.

SHUTTLE RELAY.

In the Shuttle Relay each competing team is divided in two parts, which line up in single file facing each other back of the starting lines, drawn at opposite ends of the running space.

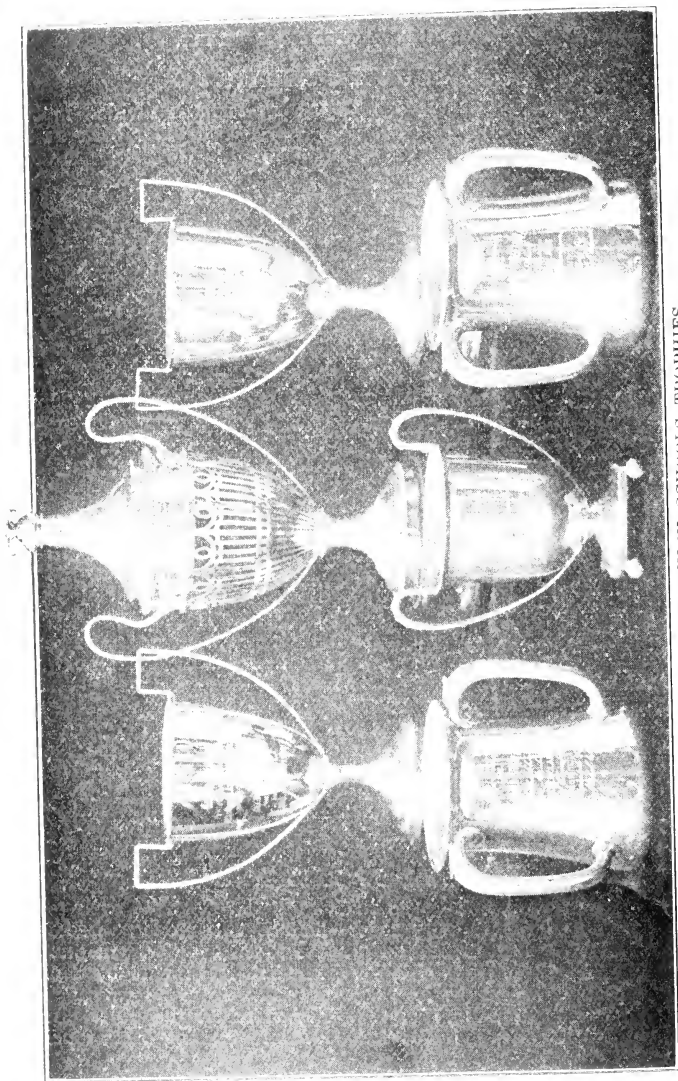
When the competing teams are arranged in this way, the start is made at the usual signal by No. 1 of each team, who runs forward, touches off No. 2 at the opposite end. No. 2 runs forward to touch off No. 3, and so on until all have been touched off, when the last girl dashes forward over the finish line. Each girl, after touching off the next one, has finished her part of the race, should quickly leave the running space and remain out of the way of the remaining runners.

PASS BALL RELAY.

The competing teams line up side by side back of the finish line, each team in a single file. At the signal "On your mark," No. 1 of each team toes the line with both feet, and the rest of the team close up forward as far as possible without touching, at the same time straightening her line. At the signal "Get ready," No. 1 raises the ball overhead and all hands are raised. The ball shall not be touched by any other girl until the word "Go," when it shall be passed back from hand to hand overhead as rapidly as possible. If the ball is dropped before it reaches the end of the line, the girl immediately back of the last girl who touched the ball shall leave the line, pick up the ball, return to and start it back from the point where it left the line. When it reaches the last girl it is carried forward by her around a given mark at the opposite end of the running space and handed not thrown to the girl at the end of the team, who passes it back as before. The girl who has just run places herself at the head of the team, toeing the mark. This is continued until the girl who was originally No. 1 is at the end of the team. When the ball reaches her, she runs forward around the given mark, as did the others and finishes in a dash over the finish line.

ALL-UP RELAY.

The team shall line up as in Pass Ball. Opposite each team at the end of the running space shall be two circles, three feet in diameter, side by side and tangent to each other. In one of these stand three Indian clubs. The start is made by No. 1 of each team, who runs forward and using one hand only, places the clubs, one at a time so that they stand in the other circle. When this is done, she calls "All-Up," and running back, touches



ELEMENTARY AND HIGH SCHOOLS TROPHIES.

off the girl who is then standing first in the line. If any of the clubs fall after she has left them, she must return and set them up again before she may touch off the next runner. The girl who has just run has completed her part of the race and should leave the running space. This is repeated by each girl in the team until all have been touched off, when the last girl after changing the clubs as did the others finishes in a dash over the finish line. The use of more than one hand in changing the clubs constitutes a foul.

BASKET BALL THROW.

In this event it is not necessary to have an even number of girls in the competing teams as the class average may be taken.

The girls of each team shall throw in rapid succession, each girl having but one trial, unless the ball should strike some obstacle before touching the ground, when another trial is allowed.

A six-foot circle with a heavy line across its center shall be drawn at one end of the throwing space. The thrower toes this line and in completing her throw she shall not fall or step forward over the line of the circle in front of her. If this is done, her throw shall not be recorded, and the number of girls in her team shall be counted as one less.

The throwing space shall be divided by three cross lines measuring from the front of the circle as follows:

12 feet, 18 feet, 27 feet (for girls below the 7th year).

15 feet, 21 feet, 31 feet (for the 7th and 8th-year girls).

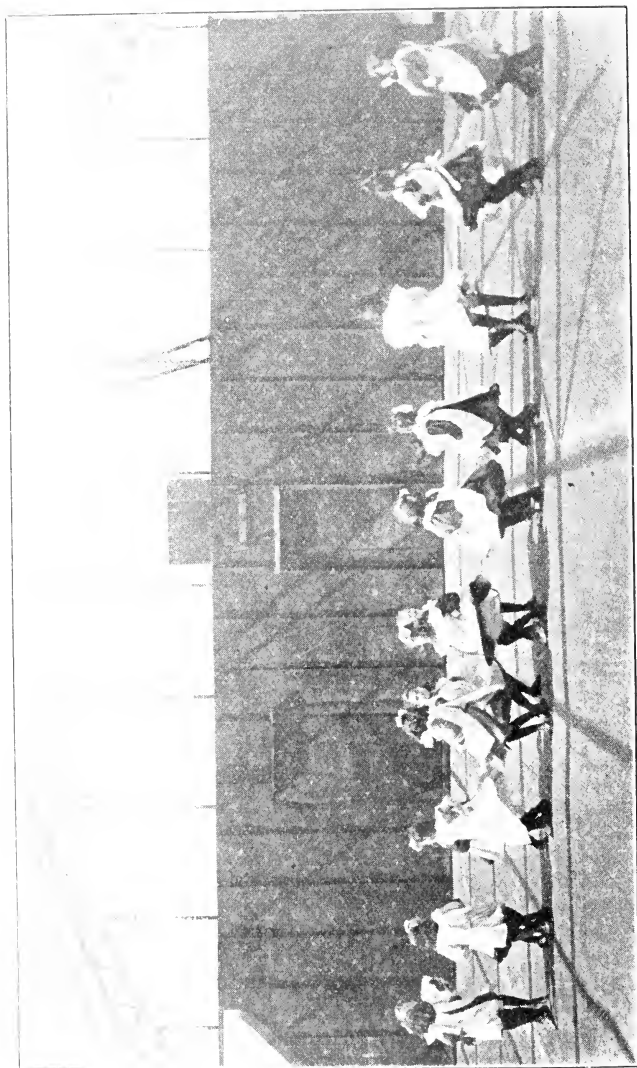
For each throw to the 15 feet (12 feet) or any point between it and the next line, a class scores 1 point; to the 21 feet (18 feet), or between it and the next, 3 points; to the 31 feet (27 feet), or beyond, 5 points.

The class averaging (if the numbers are not even) or adding the largest score shall win first place in the event. It is well to have at least two classes throwing at once so that time may be saved.

POTATO SHUTTLE RELAY.

In this event the competing teams are arranged exactly as for the Shuttle Relay. Four spots shall be clearly marked two yards apart on a direct line in front of each team. The starting line at either end shall be two yards back of the first and fourth spots respectively.

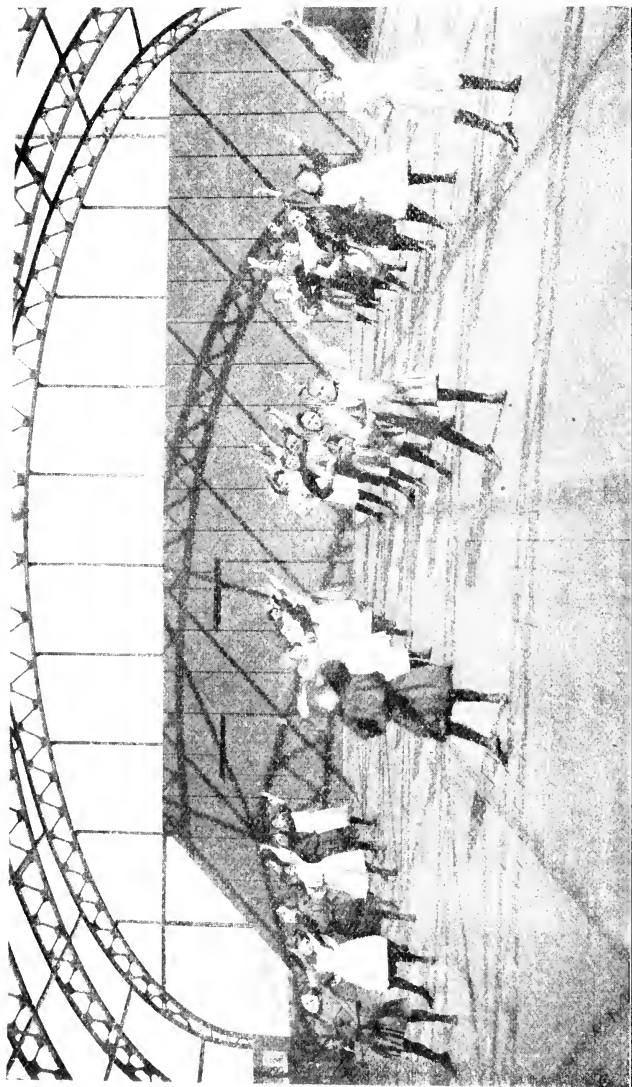
On the first spot shall be placed a receptacle (which shall be either a pail, basket, box or can not over 24 inches in circumference at the opening) which shall contain three potatoes.



"OXDANS," SWEDISH.

Number one of each competing team shall start from the line back of the receptacle, and after placing the potatoes one at a time on the three remaining spots, touch off number two, who starting from the line back of the fourth spot shall replace the potatoes one at a time into the receptacle, and then touch off number three. The race continues as in the Shuttle Relay, only the runners alternately lay out and pick up the potatoes. The finish shall be the line back of the receptacle, and must be crossed by the last runner after the last potato has been replaced.

If a runner should drop a potato she must replace it in the receptacle before she touches another potato, otherwise her team shall be disqualified.



HIGHLAND FLING ON THE ROOF PLAYGROUND—PUBLIC SCHOOL No. 18, MANHATTAN.

Rules Governing High School Inter-Class Athletic Championships for Trophies Offered by the Girls' Branch of the Public Schools Athletic League

ELIGIBILITY.

Every girl taking part in any event of this League must be in good standing both in deportment and in scholarship, including work in physical training.

No entry shall be accepted unless approved of by the Principal.

No entry shall be accepted without a physician's certificate of physical fitness, or on the personal responsibility of the instructor in charge of the games.

No girl who plays basket ball or takes part in athletic competitions outside of school unless under the auspices of the Girls' Branch of the Public Schools Athletic League, shall be eligible to represent her class.

No girl who has represented any outside organization or taken part in any interschool competition shall be eligible to compete in any event of this League, until twenty school weeks have elapsed from the time of such competition.

Girls taking part in any unsanctioned events render themselves liable to suspension.

INTERCLASS BASKET BALL.

High School Basket Ball Championships will be decided in the several schools by series of games, whereby each class will play every other class entered in the School Championships.

Spalding's Official Rules for Women will govern contests.

All games shall be under the direction of an instructor (preferably physical training instructor) appointed by the Principal.

This instructor shall also represent the school in the High School Basket Ball Committee of the Girl's Branch.

Each class will give its list of players with two substitutes, signed by the Principal to the instructor in charge of the games, who will arrange the schedule.

The games will be played in the school building or grounds except in case there is no suitable space. In this case another

space may be secured, only on the consent and approval of the Principal.

Officials for the games shall be members of the Basket Ball Committee, or persons approved of by the Committee and the Principal.

The ball to be used in all match games shall be Spalding's Official Basket Ball.

The Basket Ball Committee shall be composed of one instructor from each of the several high schools of the League, appointed by their Principals.

All questions should be referred to the Basket Ball Committee of the Girls' Branch of the Public Schools Athletic League, 500 Park Avenue.

Trophies of the Girls' Branch

HIGH SCHOOLS.

Curtis High School.—Bronze plaque, presented by Miss Margaret Stimson. Perpetual trophy for interclass all-around athletics. Won by class of 1908, June 8, 1906. Won by class of 1908,* June 10, 1907. Won by class of 1908,* June 11, 1908.

Wadleigh Annex.—Silver cup, presented by Mrs. James Speyer. Perpetual trophy for interclass all-around athletics. Won by class of 1908, June 7, 1906. Won by February class of 1910,* June 16, 1907. Won by Section III,* February class of 1911, May 28, 1908.

Wadleigh High School.—Silver cup, presented by Mrs. James Speyer. Perpetual trophy for interclass basket ball. Won by June class of 1909,* May 28, 1907.

Newtown High School.—Bronze plaque, presented by Miss Catharine S. Leverich. Perpetual trophy for interclass basket ball. Won by 2 B class,* May 28, 1907. Won by Junior class,* May 14, 1908.

Jamaica High School.—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass basket ball. Won by 4 B class,* November 22, 1907.

ELEMENTARY SCHOOLS.

Public School No. 7, Manhattan.—Bronze plaque, presented by Mrs. James J. Storrow. Perpetual trophy for interclass athletics. Won by 3 B class,* June 18, 1908.

Public School No. 9, Manhattan.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by 7th year class,* March 3, 1908. Won by 8th year class, June 2, 1908.

Public School No. 13, Manhattan.—Bronze plaque, presented by Mrs. I. N. Phelps-Stokes. Perpetual trophy for interclass athletics. Won by 8th year class,* June 14, 1907. Won by 7th year class,* June 12, 1908.

Public School No. 15, Manhattan.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by 5th year class,* June 12, 1907. Won by 6 B class,* May 26, 1908.

* Awarded League Pins.

Public School No. 23, Manhattan.—Bronze plaque, presented by Miss Martha Lincoln Draper. Perpetual trophy for interclass athletics. Won by 8 B class.* June 21, 1907. Won by 8 A class.* June 15, 1908.

Public School No. 44, Manhattan.—Bronze plaque, presented by Miss Catharine S. Leverich. Perpetual trophy for interclass competition in folk dancing. Won by 8 A class. June 19, 1906. Won by 7 A class.* May 24, 1907. Won by 8 B. class.* May 27, 1908.

Public School No. 54, Manhattan.—Bronze plaque, presented by Mrs. Robert B. Minturn. Perpetual trophy for interclass athletics. Won by 8th year class.* May 27, 1907. Won by 8th year class.* May 28, 1908.

Public School No. 62, Manhattan (Grammar).—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass athletics. Won by 7 B class, June 7, 1906. Won by 8 B class.* May 28, 1907. Won by 8 A class.* June 10, 1908.

Public School No. 62, Manhattan (Girls).—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass athletics. Won by 5th year class.* June 21, 1907. Won by 6th year class.* May 22, 1908.

Public School No. 76, Manhattan.—Bronze plaque, presented by Mrs. Felix Warburg. Perpetual trophy for interclass athletics. Won by 5th year class.* June 25, 1907.

Public School No. 92, Manhattan.—Bronze plaque, presented by Mrs. Felix Warburg. Perpetual trophy for interclass athletics. Won by 6th year class.* June 20, 1907. Won by 6th year class. June 16, 1908.

Public School No. 104, Manhattan.—Cup presented by Miss Nathalie Henderson. Perpetual trophy for interclass athletics. Won by the Agatha Gruber League.* January 31, 1907. Won by Evangeline League. January 31, 1908.

Public School No. 119, Manhattan.—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass athletics. Won by 7 A class.* June 7, 1907. Won by 8 A class.* May 21, 1908.

Public School No. 131, Manhattan.—Bronze plaque, presented by Mrs. William Barclay. Perpetual trophy for interclass athletics. Won by 4 A class.* June 13, 1907. Won by 4 A class.* June 4, 1908.

* Awarded League Pins.

Public School No. 141, Manhattan.—Bronze plaque, presented by Mrs. James J. Storrow. Perpetual trophy for interclass athletics. Won by 5 A class.* June 19, 1908.

Public School No. 170, Manhattan.—Cup presented by Miss Mabel Clarke. Perpetual trophy for interclass athletics. Won by 6 A class.* June 24, 1907. Won by 7th year class.* May 28, 1908.

Public School No. 177, Manhattan.—Bronze plaque, presented by Mrs. Arthur J. Trussell. Perpetual trophy for interclass athletics. Won by 5th year class.* June 19, 1907. Won by 6th year class.* June 8, 1908.

Public School No. 188, Manhattan.—Silver cup, presented by Mrs. Clarence H. Mackay. Perpetual trophy for interclass athletics. Won by 8th year class. June 4, 1906. Won by 6th year class.* June 11, 1907. Won by 8th year class. June 18, 1908.

Public School No. 190, Manhattan.—Bronze plaque, presented by Mrs. George T. Wilson. Perpetual trophy for interclass athletics. Won by 5th year class.* June 10, 1907.

Public School No. 9, Bronx.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by 7th year class.* May 14, 1907. Won by 8th year class.* May 29, 1908.

Public School No. 10, Bronx.—Bronze plaque, presented by Mrs. Victor Sorchan. Perpetual trophy for interclass athletics. Won by 7th year class.* June 18, 1907. Won by 7th year class. June 5, 1908.

Public School No. 13, Bronx.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by Team I.* June 15, 1908.

Public School No. 20, Bronx.—Cup, presented by the Junior League. Perpetual trophy for interclass athletics. Won by 8th year class.* June 6, 1907.

Public School No. 25, Bronx.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by 6th year class.* June 4, 1907. Won by 8th year class.* May 20, 1908.

Public School No. 30, Bronx.—Bronze plaque, presented by Mrs. Victor Sorchan. Perpetual trophy for interclass athletics. Won by 6th year class.* June 13, 1907. Won by 7 A class. June 12, 1908.

*Awarded League Pins.

Public School No. 32, Bronx.—Bronze plaque, presented by Mrs. Felix Warburg. Perpetual trophy for interclass athletics. Won by 8th year class.* June 19, 1907.

Public School No. 35, Bronx.—Bronze plaque, presented by Mrs. Charles H. Farnsworth. Perpetual trophy for interclass athletics. Won by 8th year class.* June 5, 1907. Won by Team I.* May 27, 1908.

Public School No. 36, Bronx.—Bronze plaque, presented by Miss Catharine S. Leverich. Perpetual trophy for interclass athletics. Won by 6th year class.* June 10, 1907. Won by 8th year class. June 17, 1908.

Public School No. 8, Brooklyn.—Bronze plaque, presented by Mrs. William Curtis Demorest. Perpetual trophy for interclass athletics. Won by 6 A class.* June 3, 1908.

Public School No. 72, Brooklyn.—Bronze plaque, presented by Mrs. Egerton L. Winthrop, Jr. Perpetual trophy for interclass athletics. Won by 6th year class.* May 27, 1908.

Public School No. 109, Brooklyn.—Bronze plaque, presented by Mrs. James J. Storrow. Perpetual trophy for interclass athletics. Won by 8th year class. June 1, 1908.

Public School No. 141, Brooklyn.—Bronze plaque, presented by Mrs. Elbridge Gerry Snow. Perpetual trophy for interclass athletics. Won by 8th year class.* June 2, 1908.

*Awarded League Pins.

School-room Games

Edited by

JESSIE H. BANCROFT
NEW YORK CITY

Introduction

For recess on rainy days, when to go out-of-doors is impracticable; for recess on any day where schools are not provided with adequate playgrounds; and for use at any time when classes are dull and sluggish, the school-room game is a valuable resource for the teacher. A few minutes of brisk exercise to get the blood a-tingling and the lungs to working vigorously, is always good; and if at the same time the cobwebs may be swept from the brain with lively competition and hearty laughter, an advantage, equivalent to an hour's time may be gained for succeeding lessons, through intensified interest and the quickened working of the mind which result.

For such service this little collection of original class-room games is offered by the Girls' Branch of the Public Schools Athletic League in New York City. It has resulted from an effort to discover ways of securing more exercise to girls in a crowded city. The scarcity of class-room games that call for a large amount of activity, having been referred to at an early meeting of the League, Mrs. Henry Siegel offered a prize of fifty dollars for the best original game of this description. The competition, advertised to close in October, 1906, brought in about fifty games from various parts of the country, but only ten of these met sufficiently the stipulated conditions to be considered in the final tests. The conditions called for games that should be original, suitable for use in a class room having fixed seats and desks, capable of being played by fifty pupils at once, interesting to girls in the sixth year of the elementary school, and that should require a large amount of activity from all of the pupils. The best games submitted are here printed with permission of the authors, including the prize game, "Balloon Goal," devised by Mr. Max Liebgold of New York.

In offering these games for school-room use, the League does so with a firm belief in the necessity for securing to city children every possible opportunity for health-giving exercise; believing also that the laughter and happiness of childhood cannot be too carefully conserved for the well-being of body, mind and character, especially under the repressive influences of a city, that tend to force too soon upon its children the weight and gravity of life; and believing, lastly, in the positive educational value of play and games. One needs but to see a class of children on successive weeks of game playing to appreciate how markedly there is developed through such play, quickened powers of perception and reaction, judgment, courage, co-operation and much else of

permanent value to mind and character. That such exercise cannot accomplish much that is done in the gymnastic lesson is clearly recognized, but it is hoped that the material here offered will be a source of genuine helpfulness to teachers, and a positive means to greater health, development and happiness for the children.

JESSIE H. BANCROFT,
Assistant Director of Physical Training,
Public Schools, New York City.

Committee on Award for Mrs. Henry Siegel's
prize for a class room game—

Miss Jessie H. Bancroft, Chairman.
Miss Evangeline Whitney.
Miss Julia Richman.

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BALLOON GOAL

By Max Liebgold, New York City.

This game was awarded the prize offered by Mrs. Henry Siegel in the competition which elicited the games published in this pamphlet.

The game is played with two toy balloons, one red and one blue, which are struck with the open hand only. When the gas of the balloon is exhausted, the rubber bag may be refilled with the breath, when it will be found still to float sufficiently in the air for the purposes of the game.

The class is divided into two teams, preferably designated by colors corresponding to the balls, worn on the arm or otherwise. The teams are assigned by rows across the room from side to side, the first row of pupils belonging to the red team, the second to the blue, the third to the red, etc. Four goals are formed by stretching a tape diagonally across each of the four corners of the room about five feet from the floor, the goals in the diagonally opposite corners having the same colors, two of red and two of blue. The game consists in hitting the balloon with the open hand so that it will float down behind a goal tape, the red balloon scoring when it enters the red goals, and the blue balloon when it enters the blue goals. There are no goal guards, but it is the object of all players belonging to the red team to get the red balloon into the red goals, and of the blue team to keep it out. Similarly the object of the blue team is to get the blue balloon into the blue goals and for the red team to keep it out.

The game starts by the teacher putting the balloons into play by tossing them up in the center of the room, when each side immediately begins to play for them. It has been found that with two balloons and four goals, and the interference offered by fixed seats and desks, it is unnecessary to limit the players to any given area. This, however, may be done should play become rough.

A score keeper scores one for each team making a goal with its ball, but the game continues without interruption, the ball being at once put in play again by the teacher.

A fifteen-minute game should be divided into at least three periods, the teacher signaling for a rest at the end of each five minutes.

BEND AND STRETCH RELAY

By Joseph Cermak, Chicago, Ill.

This game consists in a sideways passing of two bean bags and two dumbbells alternately. This amount of apparatus should be placed on the floor in the outer aisle beside each player in one of the outside rows, say that to the left of the pupils.

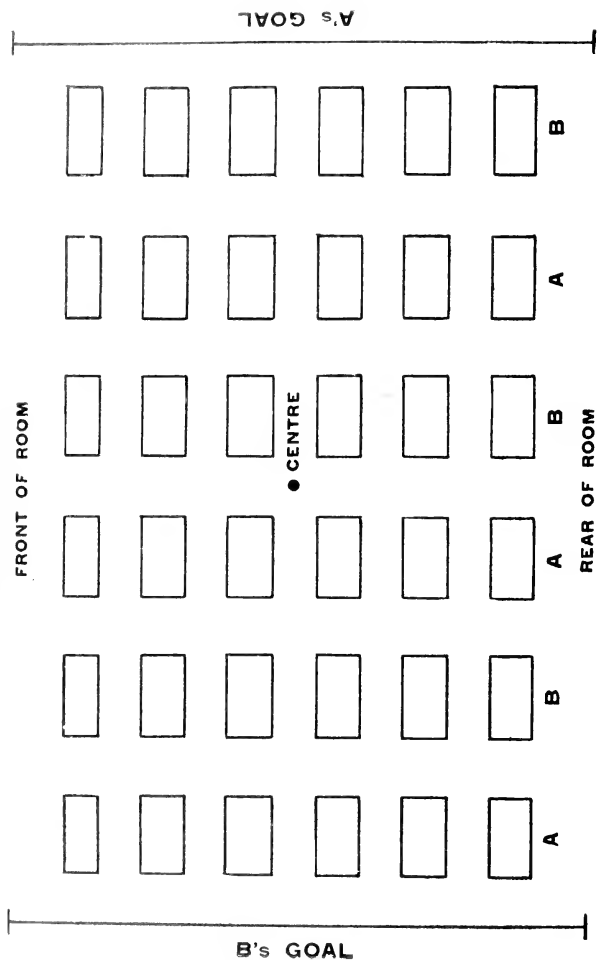
On the command "Go!" each girl in this first row picks up a dumbbell, raises it overhead and there passes it to her right hand, which is then extended sideways at a shoulder level, where the next girl takes it. They are then passed across the room in this manner each player stretching her arms high over head, when she passes the bell from her left to her right hand. The last girl who receives the bell places it on the floor beside her in the outer aisle.

As soon as the first girl has passed the first dumbbell, she picks up a bean bag by bending the trunk to the left, then straightens the trunk, passes the bag over her head to her own right hand and then bends deeply to the right and places the bean bag on the floor at her right side. She immediately straightens to an erect position, when the next girl bends, takes up the bag, passes it over her head and bends to place it on the floor at her right side.

As soon as she has disposed of the first bean bag the leader of each line reaches for the second dumbbell. This time the bell is passed simply from hand to hand in front of the body.

As soon as the second bell has left her hand the leader of each line picks up the second bean bag, which is the last of apparatus to be passed. The passing of the second bean bag is different from that of the first. The pupils face sideways to the left, their feet resting in the aisle and drop the bag behind them to the floor with both hands, at the same time bending slightly backward. The next girl bends forward, picks up the bag with both hands and then leans forward with her hands stretched high overhead and drops the bag in her turn in the aisle behind her. The line wins, whose last player first receives the second bean bag. Player in the last line receiving this bean bag should stand instantly and hold the bean bag high over head, the winning line being selected by this signal.

DIAGRAM FOR BALLOON BALL.



BALLOON BALL

By Henry J. Silverman, New York City.

Apparatus—Inflated balloon.

Two goals, each goal a string stretched on each side of the room from front to rear, at a height of six feet.

Players—Any number.

Two teams are seated in alternate rows. The A's represent the players on one team, the B's the players on the opposing team.

The balloon is thrown in the air in the center by the teacher, and the players of both teams strike it with the open hand.

Object—The players of team A try to bat the balloon over goal A; the players of team B try to send it over goal B.

Fouls—Fouls are called for the following:

A—Standing more than half way.

B—Leaving seat entirely.

C—Raising desk (if movable).

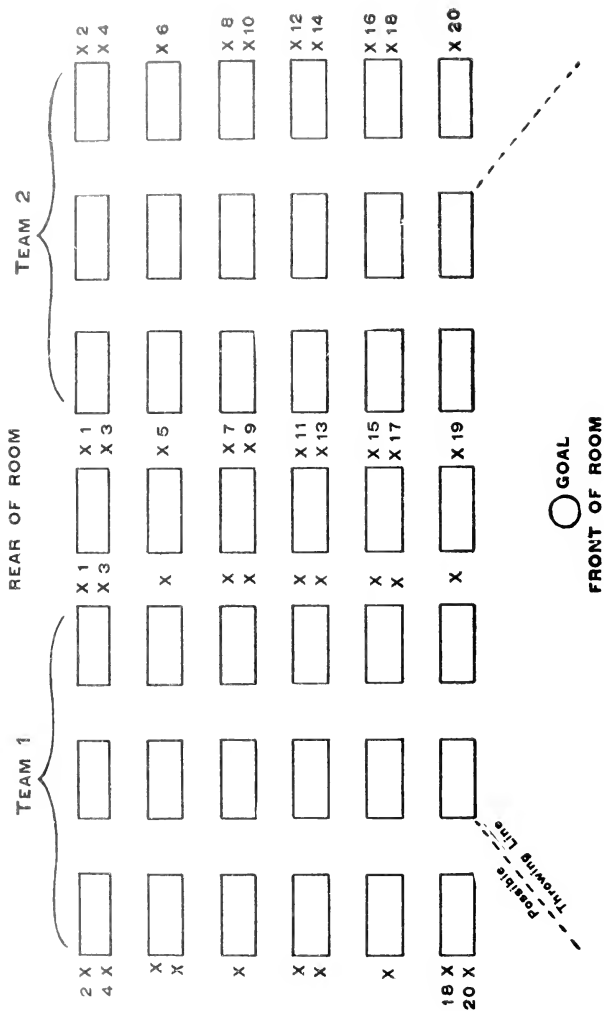
D—Striking ball with clenched hand.

Points—Each goal shall count two points. One point is also awarded to the opposing team for each foul.

This game may be varied by having a goal keeper for each team whose duty shall be to prevent the balloon from crossing his or her goal line. This goal keeper should stand, and should have a free use of the aisle in front of the goal.



Desks. DIAGRAM FOR CRISS-CROSS BEAN BAG. X Players.



CRISS-CROSS BEAN BAG

By J. Anna Norris, M.D., Springfield, Mass.

Apparatus—Two bean bags and a waste basket arrangement.

The class is divided into two teams. Each team is divided into two lines, which stand facing each other, as shown in the diagram.

A waste basket is placed on the teacher's desk or hung higher if possible in the front of the room.

Player No. 1 holds the bean bag in each team.

At a signal No. 1 tosses the bag to No. 2, No. 2 to No. 3, and so it continues to pass in a zigzag line till it reaches No. 20. No. 20 on receiving the bag tries to throw it into the basket. If she misses she runs forward, picks up the bag, runs back to her place and tries again and she continues trying until she or her opponent gets her bag in, which event finishes the game.

The team in which No. 20 first receives the bag, scores three; and the team making the goal scores one; so one team may score four, or one three and the other one.

If the distance from the basket seems too long, No. 20 may come forward a given distance to a chalk line and throw from that.

In order to pass around the privilege of throwing goal, the goal thrower in one game passes down to the other end of the line, the line moves up one place, and the next player in order throws for the goal, in the next game. When everyone in one line has thrown for goal, the privilege passes to the other line.

Sometimes it is necessary to have umpires (children) to watch for fouls, such as skipping a child in passing the bag.

CORNER SPRY

By Amy A. Young, Cleveland, O.

Apparatus—Four bean bags.

The class is divided into four groups, one group stationed in each corner of the room and called—North, South, East and West corners.

Four captains stand in the center of the room each with a bean bag facing her corner of players, who stand in a row. The captain throws the bean bag to each player in her group, who throws it back at once to the captain until the last player is reached. As the captain throws to her last player she calls "Corner Spry!" and runs to the head of the row, the last player becoming captain. The group that first succeeds in having all of its players in the captain's place wins the game.

DESK RELAY

By James J. Jardine, New York City.

The pupils sit on their desks facing the rear of the room and having the toes caught under the seats. The rear player on each line holds a bean bag. At a signal, the bag is passed over the head backward to the next player, who in turn passes it, and so on until it reaches the player at the front, who jumps down from the desk and hops on one foot to the rear of the room. As soon as this player has reached the rear seat, all the players in the line stand and move forward one desk. The rear player takes the desk thus vacated and starts the bean bag again.

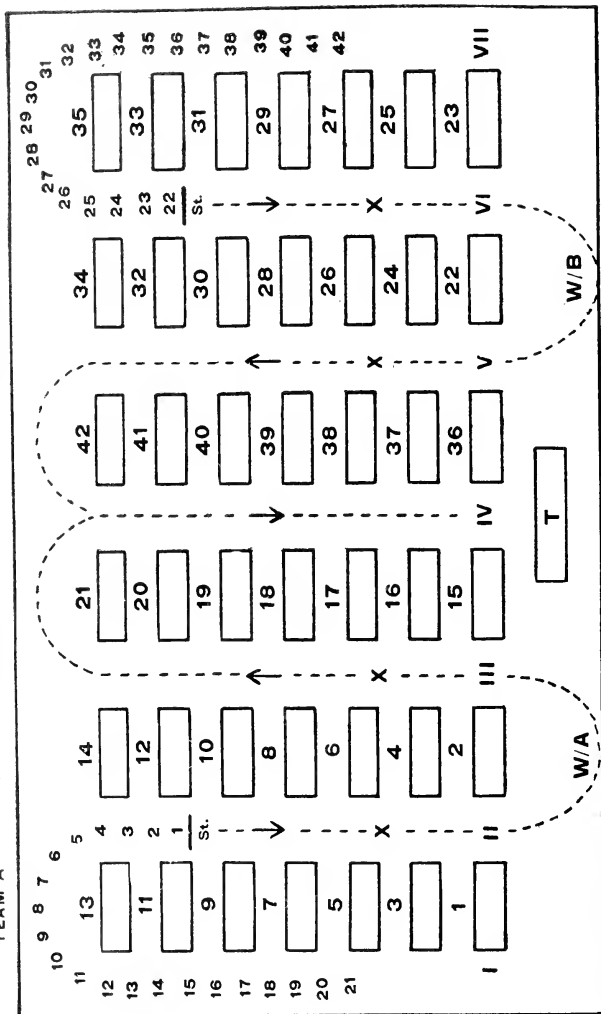
The line wins whose bean bag first reaches the front of the room, after the pupils have all changed seats until original places are resumed.

The teacher should indicate which foot is to be used in hopping, so that in successive playing of the game, each pupil will hop alternately on the right and left feet.

DIAGRAM No. I—DOUBLE RELAY RACES.

TEAM A


TEAM B



DOUBLE RELAY RACES

By J. Blake Hillyer, New York City.

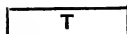
Schoolroom with six rows of seats and seven (more or less) seats deep.

 = Desk.

St. = Starting point.

X = Exchange point.

↓↑ = Direction children should run after they are once formed behind starting point for commencement of game.

 = Teacher's desk.

Numbers 1 to 21 = Team A.

Number 22 to 42 = Team B.

Aisles numbered I. to VII.

Directions for Game.

First two rows (Nos. 1 to 14) stand in aisle II. and give way to rear to starting point. Third row (Nos. 15 to 21) stand in aisle III., march forward and around to right into aisle I., bringing entire 21 children into formation, as indicated for Team A on diagram. Fifth and sixth rows (Nos. 22 to 35) stand in aisle VI. and give way to rear to starting point. Fourth row (Nos. 36 to 42) stand in aisle V., march forward and around to left into aisle VII., bringing entire team, Nos. 22 to 42, into formation as indicated for Team B on diagram.

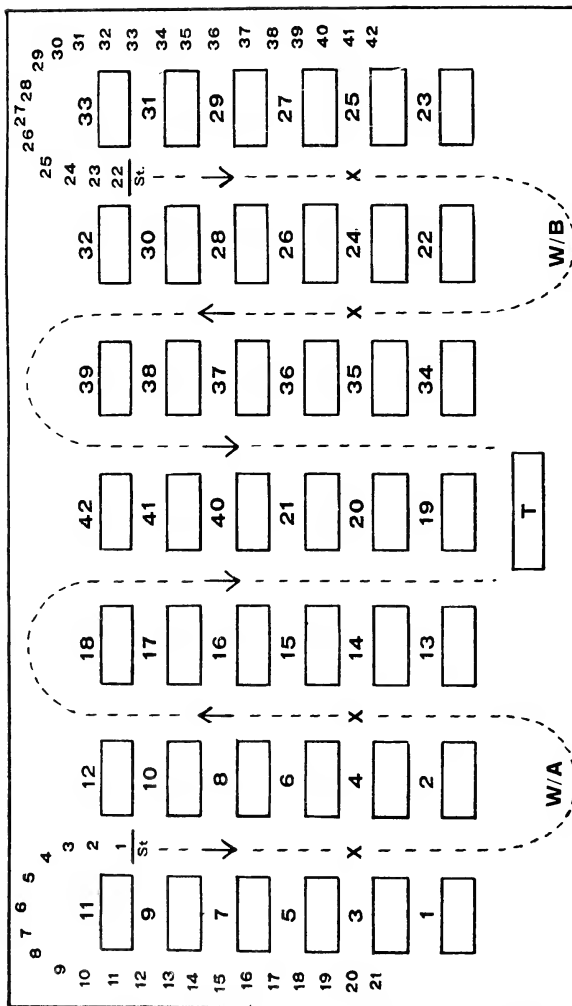
First Relay.

At commands, "Attention, ready, Go," Nos. 1 and 22, the two leaders of the two teams, walk to wall in front of them at W/A and W/B, touch the wall, return down aisles III. and V. respectively and continue up aisle IV. to teacher's desk. When the two leaders, 1 and 22, touch the wall, Nos. 2 and 23 start at the "exchange points," X and X, 1 and 2 touch left hands across desks and 22 and 23 touch right hands across desks. At the starting point, 1 touches left hand of 3, who starts as soon as touched, 22 touches right hand of 24, who also starts as soon as touched; so on to the last of each team who finish the game by touching the desks where the leaders started. Both teams then "about face" and march back, Team A through aisles III., II. and I., and Team B through aisles V., VI. and VII., when they are ready for the next relay.

DIAGRAM No. 2—DOUBLE RELAY RACES.

TEAM A

TEAM B



Second Relay.

Same as First Relay, but this time running.

Third Relay.

Same as Second Relay, but this time each leader starts with an eraser in his hand and gives it to the next pupil at "exchange point," each successive pupil repeating the exchange at that point. The third and succeeding pupil must wait at each starting point until "touched" before starting.

Fourth Relay.

Same as Third Relay, except that a handkerchief, knotted once in the middle, is substituted for the eraser with which each leader starts.

Fifth Relay.

Same as Fourth Relay, except that the leader of each team and the pupil behind him each have an eraser and when meeting at "exchange points," exchange erasers, the leaders giving the second erasers to the pupils on the starting points, and so on.

Sixth Relay.

Same as Fifth Relay, except that two handkerchiefs are used instead of two erasers.

Seventh Relay.

Same as Sixth Relay, except that the handkerchiefs may be *thrown and caught*, instead of being *handed* or *passed* to the next pupil.

Cautions.

The value of these games lies in two things, *i. e.*, in the fact that after the first two pupils of each team have started and the game is really under way, there are four pupils on each team actually in motion and the game moves so fast that each member of each team has little time to do anything beside attending strictly to the game, if his team is to have any chance to make a good showing; he must be constantly on the alert. The second, and still more important, valuable feature of the games, lies in the constant exercise of *inhibition*. Therefore, there should be absolutely no "coaching" except by the teacher; care should be taken in the First Relay to see that all children actually *walk*; no running; when hands are to be touched, they *must be touched*; when erasers or handkerchiefs are dropped, they must be picked up by the ones who dropped them before proceeding with the game; if to be exchanged, they must be exchanged.

The intermingling of the two teams in aisle IV. does not affect the game in the least.

Diagram 2 is for a room of seven rows of seats, and six (more or less) deep. The numbers indicate a convenient division and the children fall in as before.

A division of the class into three teams may be made if desired and if there are sufficient aisles.

These games are suitable for boys or girls or mixed classes.

Diagram 1 should be used for rooms seating 42, if seven deep; 48, if eight deep; 54, if nine deep.

Diagram 2 should be used for rooms seating 42, but facing as indicated; 49, if seven deep.

Diagram 1 for room with five rows and ten deep, using only the outside and next to the outside aisles.

DOUBLE GOAL

By Blanche M. Gillette, North Adams, Mass.

Two captains are chosen and stationed one in each of the rear corners of the class room. These captains choose the players from the remaining pupils of the class, thus forming two long lines each facing each other. Each line counts off at two's, which gives each player a number; that is, one-half the class will be Nos. 1 and one-half Nos. 2. The two's in each line then move to the center aisle, leaving one row of seats between their lines. There will thus be four rows of players, the outside lines facing each other, that is, facing toward the center of the room and the inside row standing back to back.

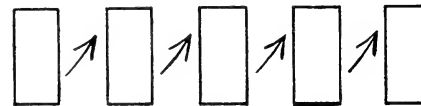
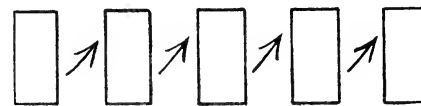
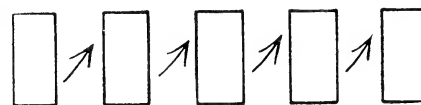
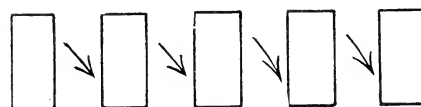
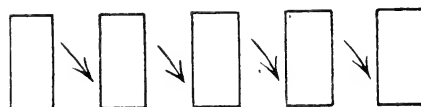
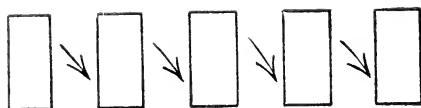
The teacher's desk should be moved to the center front of the room as near the wall as possible. On it should be placed a thick paper, on that a high chair. On the chair is placed a waste basket about eight feet from the desk. A chalk line is drawn on the floor, which shall serve as a throwing line.

Game.

Each captain holds a bean bag. At a word from the umpire (teacher) the game starts, each captain throwing her bag to the girl of her team standing opposite. This girl throws in turn to the girl opposite her and so on until the bag comes to the last players in the line. As soon as either last player receives the bag, she should run to the chalk line and throw for the basket. All throws should be made from this line. The player getting her bag in the basket first wins points for her team. The points count ten and ten points wins the game.

After throwing for the basket, each player goes to the head of her line and starts the game the next time. The game continues in this way until one side or the other wins ten points.

DIAGRAM FOR HANDS UP, HANDS DOWN.



B



A

HANDS UP--HANDS DOWN

By Adela J. Smith, New York City.

This is a quiet game, designed especially for use as children assemble in a class room before the opening of the school session.

Material required—A small paper or worsted ball of a size that may be hidden in the clenched hand.

The players are divided into two groups, each group seated, partly facing the other (indicated by arrows in the diagram) with a captain standing before each side at C.

The side starting the game is given a small ball of paper or worsted and at the command of the captain of the *opposing* side the players pass the ball rapidly from one to another. Each player in this may make the motion of passing, so as to deceive the opposing group as to the whereabouts of the ball.

The captain and players of the opposing group meanwhile keep a sharp lookout for the ball, without leaving their seats.

After a short time of passing, the captain who started the passing (Group B, diagram) calls suddenly, "Hands up!" and immediately all passing in group A must cease, and all hands must be raised high overhead and tightly clenched, so the player having the ball, when the passing ceased, may not disclose the fact.

The B captain again gives a sudden command of "Hands down!" Immediately all hands are brought down softly on the desk in front of each player of group A, hands wide open, palms down, and again the player with the ball tries to hide it.

The players of Group B who think they know who has the ball raise their hands. No player may speak unless called by her captain. When called she may say, "Under J.'s right hand" (or left hand, as the case may be) J. raises the right hand, and if the guesser is mistaken places that hand in her lap, it being thereafter out of commission, so to speak. No other player of Group A moves a hand. Should the ball be found under the hand raised, the opposing group, *i. e.*, Group B, receives as many points as there are hands left upon the desks. Other wise the search continues, the captain of Group B asking players of her group to order a hand raised or ordering it herself, until the ball is discovered. Group B now takes the ball and passes it, and Group A gives command through the captain. The side making a score of three hundred points wins. A side loses ten points when a player talks or calls for a hand to be raised without the permission or call of the captain.

HOME RUN

By Amy A. Young, Cleveland, Ohio.

Apparatus—Bean bags or sock balls. Played in the seats.

Arrange the players so that all the rows are filled and the same number in each row. No. 1 in each row has a bean bag or ball, and at the word "Start," stands and throws the bag or ball to No. 2, who also stands at the word "Start." No. 2 throws it back to No. 1 and sits down while No. 1 throws the ball to No. 3, who stands up as soon as No. 2 is seated. No. 3 throws it back to No. 1 and the game continues until No. 1 has thrown the ball to the last player in the row. When No. 1 receives the ball from the last player, she lays it down on the desk and runs to the seat of the last player, while all players move up toward the front one seat. No. 2 in the row then becomes No. 1, and tosses the ball as her predecessor did. The game continues until the original No. 1 reaches her original place and calls "Home Run!" thus scoring a point for her row and starts again. The row scoring the most points during fifteen minutes becomes the winner.

JUMP THE BEAN BAG

By Alice R. Young, Brooklyn, N. Y.

The game is to be played in a class-room with any even number of children. Apparatus—Two bean bags.

The class is divided into two equal divisions or teams. The teams stands in opposite outside aisles and face the center of the room. The game consists in a contest between the two divisions, as to which shall win first in the following relay, here described for one team.

The leader at the head or front of the line, having the bean bag in her hand, runs down the first aisle toward the rear, places the bean bag on the center seat of the row to her left (second row from standing line), vaults over the seat and runs up the next aisle to the front of the room and so to the head of her division. She tags the player standing at the head of the line and passes behind the line to the rear, taking her place at the foot.


The player who has been tagged at the head of the line immediately runs down the first aisle, takes the bean bag from the seat, vaults over the seat and passes down the next aisle to the rear of the room and so to the foot of her line. She hands the bean bag to the player next to her, who passes it to her neighbor, and so it is passed up to the head of the line.

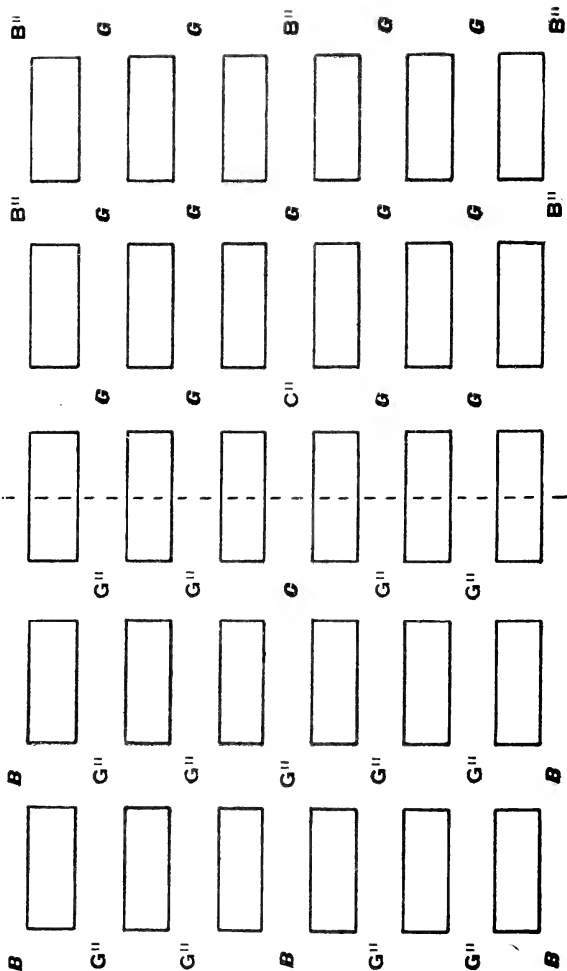
The player at the head of the line immediately upon receiving the bean bag runs down the first aisle, places it on the seat, vaults over the seat to the next aisle, and so to the head of her line, where she returns and tags the player, who has moved up to her place.

The game thus consists in an alternate placing and taking of the bag from the seat. The player who places the bag returns to the head of the line to tag the player standing there, and then passes behind the line to the foot; the player taking the bean bag returns to the rear of her line and passes the bean bag up the line.

The division whose original leader first gets back to her starting place wins the game.

DIAGRAM FOR MODIFIED CENTER BALL.

 = Desks. Company I. $\begin{cases} B = \text{Bases.} \\ C = \text{Center, Captain.} \\ G = \text{Guards.} \end{cases}$ Company II. $\begin{cases} B'' = \text{Bases.} \\ C'' = \text{Center, Captain.} \\ G'' = \text{Guards.} \end{cases}$



MODIFIED CENTER BALL

By Mabel L. Pray, Toledo, Ohio.

The game is played with a light ball.

Divide the class into two companies with a center captain and five bases on each side. The remaining pupils of each company serve as guards and are placed on the opposite side from their captains and bases to prevent opponents from catching the ball.

The teacher or umpire tosses the ball alternately to the guards, the first time to Company 1, the second time to Company 2, etc.

The guards in turn toss it to their bases, who try to get it to their centers, the opposite guards opposing by guarding with the arms and jumping to catch the ball. The game continues until one center catches the ball from a *straight throw* (not a bound) from a base (not a guard). The side catching the ball scores a point and the umpire then tosses the ball to the guards of Company 2, etc.

The game is played on "time," the side having the highest score at the end of ten or fifteen minutes winning the game.

Fouls are—Holding the ball longer than five seconds.

Snatching the ball.

Knocking the ball out of an opponent's hand.

In case of a foul the ball is given to the opposite side.

Any number can play the game provided the sides are even.

DIAGRAM FOR MODIFIED VOLLEY BALL.

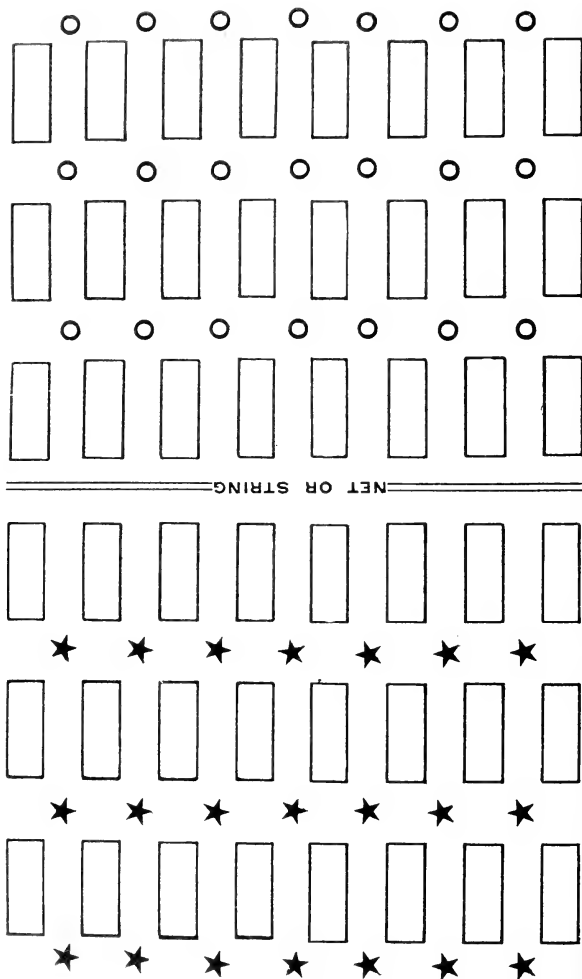
== Net or String.

★ Players of Company I.

○ Players of Company II.

Desks.

FRONT OF ROOM



MODIFIED VOLLEY BALL

By Mabel L. Pray, Toledo, Ohio.

This game is played with a light ball, preferably filled with gas. Divide the class into two companies and number each side from one up to the required number.

Place a net or string across the school room, dividing it into two equal parts. The top should be six feet from the floor.

The pupils stand in the aisles, each having a required place in which to stand.

The game starts by No. 1 on either side serving the ball; that is, tossing it up with the left hand, and batting it with the right, trying to get the ball over the net or string to the opposing side.

Two fouls in succession (failing to bat the ball over the net) changes the serve to the opposite side; otherwise the server continues until the ball is returned by the opposite side, and not returned by the server's side. When returned, the serve changes to No. 1 of Company 2, then to No. 2 of Company 1, then No. 2 of Company 2, etc.

The game continues until all players are served, or the game may be played on time, that is, the company wins which has the highest score at the end of a ten- or fifteen-minute period.

Every time the ball touches the floor on the either side (not a desk) it scores against that side and counts one for the opposing team.

OVERTAKE

By Elizabeth R. Walton, Washington, D. C.

(Printed by permission.)

Any number may engage in this game. There should be two captains or leaders and an even number of followers known as the "Reds" and the "Blues." The pupils line up against the wall around the room, the Reds playing alternately with the Blues. (See diagram.)

Captains distribute colored cards bearing the numbers of the positions. These are worn conspicuously throughout the game.

A red-covered bean bag is given the captain of the "Reds" and a blue one to the captain of the "Blues."

For exhibition work red and blue polo caps, made of cheese-cloth, make a very effective color scheme.

Acquire skill in tossing and catching before introducing the rules.

The Game.

The object of the game is to score ten points in a given time. The bag which *overtakes* entitles the thrower's side to *five* points.

The bag reaching "home" first, wins two points for its side.

Start.

The two opposing centers stand (see diagram) *dos a dos*, facing the "home boundary." At the word "Go!" or a whistle signal, No. 1 Red and No. 1 Blue, who are standing on boundary, receive the bag tossed from their respective captains; these bags are immediately returned to their own captains, who in turn toss to No. 2, the bags thus following around the line until they again reach the No. 1, when "Home!" is called by the side first receiving its bag.

Players.

There should be at least twenty players, numbered from one to ten on each side. No. 1, Red; No. 2, Red, etc. No. 1, Blue; No. 2, Blue, etc.

Forty is an ideal number, twenty on each side and two captains.

Boundary.

There should be a well-defined square with a circle in the center, if the game is used in a gymnasium. The desks serve as a boundary line in a class room.

If a center aisle in a class room is too narrow to permit of the captains passing each other in catching, the diagram indicates the

area allowed each and the dotted lines indicate the chairs over which the captains vault to operate, keeping backs to each other all of the time. They must keep in their own territory.

Referee.

Some one in authority must start the game, announce the score, award points and keep time or appoint someone to do so. The referee shall invariably put the dead (dropped) ball or bag in play by tossing it to the center as in the start, and she shall announce to the scorer the point lost and the side winning.

Privilege.

The opponent may interfere with one hand; the free hand shall be kept in the background. The players may "lunge or fall out" when tossing or catching. They may stoop or jump to catch a low or high ball, but shall not advance beyond the boundary. Both hands may be used in tossing or catching, but only one in interfering.

Captains.

If a captain drops a bag or ball three times, she changes places with the No. 1 "home" girl. If the No. 1 drops it, the next girl takes the center place, and so on.

Every bag dropped counts one point for the opposite side. (This rule should not be enforced until the teams become expert.)

Fouls.

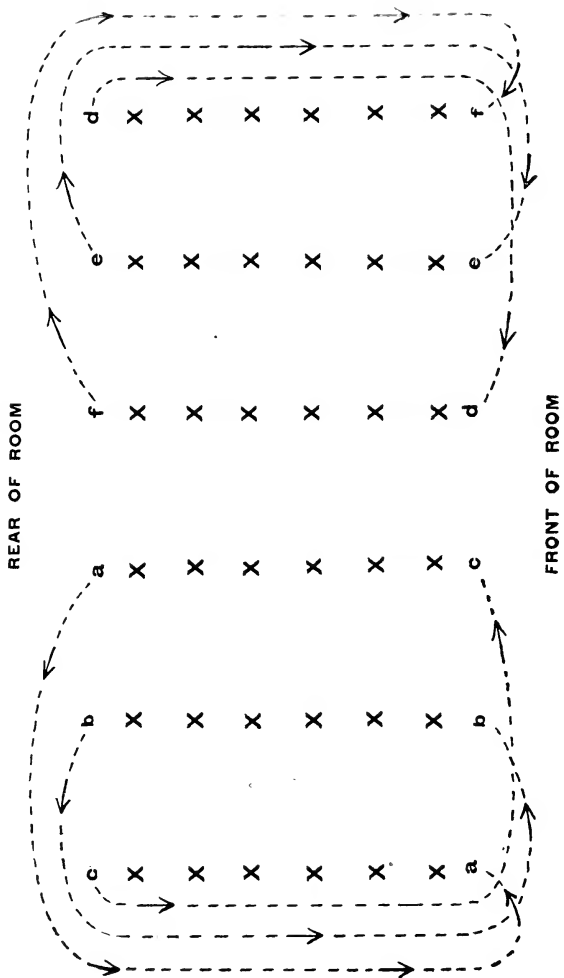
a. The arms shall not be used in any way to interfere with a player who has not the bag or ball.

b. Grasping the clothing or person of the player or using both hands except when throwing or catching shall be called a foul.

c. If the bag drops on the floor out of bounds the opposite side counts two points.

DIAGRAM FOR VAULTING RELAY.

Showing how leaders should run from rear to front of lines.



VAULTING RELAY

By James J. Jardine, New York City.

The pupils stand in line in the aisles between the desks all facing right or left (facing open windows preferred). The first player at the front of each line will hold the bean bag in her right hand if facing left, or in her left hand if facing right. At the command "Start!" the bean bag must be passed toward the rear to each player in turn until the player at the end of the line receives it. Each player after passing the bean bag must place one hand on her desk and the other on the back of her chair, jump over her chair, turn, jump back again and take her position in the aisle by the next seat, moving back one seat toward the rear of the line each time the bean bag has been passed, and so on until she returns to her place in line. The player receiving the bean bag at the end of the line must run to the head of the line, as shown in the diagram. Pass the bag to the next player. This continues until each player returns to her place in line. The line wins whose original leader first gets to her own place.

TAKE THE LEADER'S PLACE

By Maud L. Stone, New York City.

The pupils are seated; the competition is between rows and consists in each pupil walking from the leader's place at the front of her row to the rear and back again to a seat, as described below.

The first girl (No. 1) rises and passes to the rear of her aisle; as soon as No. 1 has passed No. 2 the latter steps forward and stands by the first desk facing toward the rear as "Leader." No. 1 as soon as she has touched the rear blackboard, returns and takes the seat vacated by No. 2, leaving the front seat (leader's seat) vacant. As soon as No. 1 is seated No. 2 walks down the aisle to the rear; as soon as No. 2 passes No. 3 the latter rises and walks forward to stand by the leader's desk; No. 2 returns to take the seat vacated by No. 3; then No. 3 walks down the aisle to the rear, and as soon as she has passed No. 4, the latter rises and moves forward to stand by the leader's desk; No. 3 returns to take the seat vacated by No. 4. This continues until each girl in the row has in turn taken the leader's place. The row wins in which the last pupil to take the leader's place first touches the rear blackboard. The pupils will be left seated in the order in which they started, *i. e.*, each pupil in the seat back of her original place and if the seats were all filled at the beginning the last girl will be left standing at the end. All may take their original seats upon signal.

The class should first walk through the changing of places without competition of any kind until thoroughly familiar with the idea.

Variations.

(1) The girls run lightly down the aisles and back to places, instead of walking; after the first start the signal to reach leader is the seating of her predecessor.

(2) The leader goes down and back with the skip step.

(3) The leader touches the floor by the foot of desks 2, 4, 6 and 8; and the top of desks 1, 3, 5 and 7.

LADIES' GYMNASIUM SUITS.

A ladies' gymnasium suit must be neat in appearance, loose enough to ensure perfect freedom of action and yet not present a baggy effect.

Spalding suits are all cut to measure, both the measuring and cutting being done by experts, consequently they fit, look well and do not impede the fullest freedom of action.

The bloomers have the appearance of "kilt" style skirts, no dividing line being visible. The waist is similar to the stylish "Peter Pan" design, finished with blind buttons and buttonholes. The sleeves are three-quarter in length, roomy and graceful.

The No. L100, of brilliantine, in black and navy blue, with any color collar and cuffs. If desired two rows of colored braid may be put around the collar and cuffs. If one suit only is ordered the price is \$6.50; when six or more are ordered at one time, \$6.00 each.

An excellent suit for \$5.00 single or \$4.50 for six or more is the No. 2920, made of all wool serge, in same colors; cut in surplice effect, with white vest or shield and embroidered anchor.

No. 2909 is of all-wool serge, with collar and cuffs trimmed any color desired. Single suit, \$6.00; in quantities of six or more, \$5.00 each.

If an all-wool moire cloth is desired the No. 2907 suit is sure to meet approval in fit, style and workmanship. It is made in either navy blue or black, with an emblem on front of blouse. Single suit, \$4.50; for six or more, \$3.75.

Another suit consists of navy blue serge, No. 1032, with white embroidered shield, five rows of braid on collar, and tie of any desired color. Single suit, \$4.00 each; six or more, \$3.50 each.

Spalding's gymnasium shoes for ladies are of the same high grade character as those for men. Made of selected material and cut to fit snugly, making them durable and comfortable.

No. BHL. High cut, black, with elkskin sole, per pair, \$1.50; six or more ordered at one time, \$1.35 per pair.

No. OHL. Same as above, only low cut. Single, per pair, \$1.25; six or more pairs, \$1.15 per pair.

A pearl-colored, high cut shoe with electric soles, is known as No. PL and sells for \$1.50 per pair; if ordered in lots of six or



No 2009



No 1032



No 2307



No 1-100



No 2920

Spalding's Athletic Library.

more, \$1.35 per pair. If a low-cut style of the same shoe is preferred, order No. OPL, \$1.25 per pair, unless ordered in quantities of half dozen or more, when the price is \$1.15 per pair.

Another color, drab, in leather, for \$1.00, may be ordered by the number SL; a reduction of 15 cents a pair is made if ordered in quantities of six or more. Same grade and same style, except low cut, sells for 90 cents a pair when ordered in single pairs and 80 cents a pair in orders for six or more.

The No. 90L, in addition to being made of a good quality of leather, has a corrugated rubber heel and electric sole. Exceptionally well made and very light. Low cut. Black. Single pair, \$2.00; in quantities over six pairs, \$1.90 per pair.

A low-cut special shoe for ladies, of selected black leather, with the electric sole roughed up to prevent slipping, is known as No. 85L; ordered in quantities of six or more they cost \$1.90 per pair. Single pairs, \$2.00.

No. 20L is a very easy and flexible shoe of leather, with electric sole at \$1.75 a pair, unless ordered in quantities of half a dozen or over, when the price is \$1.65 a pair.

The No. 19L is made of fine horsehide, low cut, oak sole, flexible, roughened to obviate slipping; a very light, comfortable shoe, for \$2.00 a pair; if you desire to get the benefit of the quantity price, order six or more at a time and the price is \$1.85.

If you are accustomed to a high-cut canvas shoe and insist on having the best, order No. 1H and your wishes will be granted. They may be had in black or white, with white rubber sole, at \$1.50 per pair; in orders of six or more, \$1.25 a pair.

OFFICIAL RULES FOR ALL ATHLETIC SPORTS.

The following list contains the Group and the Number of the book of Spalding's Athletic Library in which the rules wanted are contained. See front pages of book for complete list of Spalding's Athletic Library.

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A. A. U. Gymnastic Rules.....	12	311
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SPECIAL NOTICE

Owing to the increasing interest that is being taken in athletic sports for women A. G. Spalding & Bros. are now giving special attention to women's athletic needs in each of their various stores throughout the country, where every information regarding the outfitting of individuals or clubs may be obtained and also any information regarding the laying out of athletic grounds, playgrounds or gymnasiums will be cheerfully given.

¶ Questions regarding the interpretation of any athletic rule will be promptly answered by addressing Spalding's Athletic Library, P. O. Box 611, New York City.

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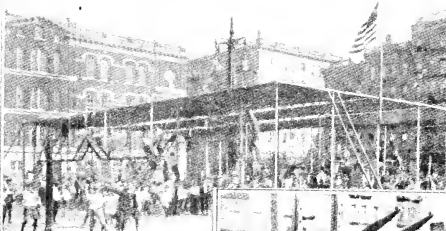


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TYPICAL
PLAYGROUND SCENES
 SPALDING ATHLETICS



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Spalding "Playground" Balls



THE NATIONAL PLAYGROUND BALL ASSOCIATION OF AMERICA has adopted the

SPALDING BALLS

No. 12PB and No. 14PB

as official. These are made with horse hide cover and are specially wound, so that, while soft to the feel, they will continue to hold their shape after considerable use.

12-inch "Official" Playground Ball

The 12-inch ball is used where there is a large playing space, and makes an ideal ball for general recreation purposes and for games at picnics, outings, etc., where the players, on account of lack of experience or practice, might not wish to use a hard ball. Guaranteed to last a game. No. 12PB. Each, \$1.00

14-inch "Official" Playground Ball

The 14-inch ball is used where the playing space is limited in size. As the ball cannot be batted very far, it is possible, by using the large size, to improvise ball grounds in a space that would be simply out of the question for the ordinary game. Guaranteed to last a game.

No. 14PB. Each, \$1.00

9-inch Playground Ball

This ball is used on many of the municipal playgrounds, where on account of the youth of the players, the larger sizes would not be suitable. No. 9PB. Each, \$1.00

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SPALDING PLAYGROUND BALL BATS

Spalding Regulation Bats.
 Made of selected second
 growth hickory in the best
 models. Handle wrapped with
 electric tape to prevent slip-
 ping.

No. 0. Bat. . Each, **50c.**

Spalding Regulation Bat.
 Same as No. 0, except handle
 and end not wrapped.

No. 2. Bat. . Each, **40c.**

Spalding Catchers' Protector

Well padded. Straps to go over
 shoulders and around waist.

No. 1A. Catchers' Protector. Each, **\$2.00**

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THE SPALDING "OFFICIAL" BASKET BALL

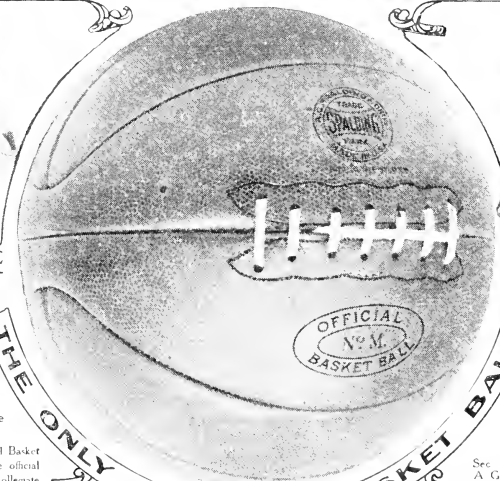


**Extract from
Official Collegiate
Rule Book**

The Spalding Official Basket Ball, No. M, is the official ball of the Intercollegiate Basket Ball Association, and



must be used in all match games.




THE ONLY OFFICIAL BASKET BALL


Extract from Men's Official Rule Book

RULE II—BALL

Sec. 3 The ball made by A. G. Spalding & Bros. shall be the official ball




Sec. 4 The official ball must be used in all match games.



**Extract from
Women's Official
Rule Book**

RULE II—BALL

Sec. 3 The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.



Sec. 4 The official ball must be used in all match games.

OFFICIALLY adopted and standard. The cover is made in four sections, with capless ends and of the finest and most carefully selected p-bble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. The bladder is made specially for this ball of extra quality Para rubber. Each ball packed complete, in sealed box, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions it is strulated that this ball must be used in all match games of either men's or women's teams.

No. M. Spalding "Official" Basket Ball. Each, \$6.00

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Spalding "Special No. E"



No. E. Fine pebble grain leather case. The bladder of the purest Para rubber and guaranteed. Each ball complete in sealed box. . . Each, \$4.00

Spalding Practice "No. 18"



No. 18. Good quality leather cover; regulation size. Each ball complete in box with bladder. . . Each, \$2.50
No. 01. Canvas cover, for holding inflated basket ball. Each, \$1.00

Spalding "Official" Basket Ball Goals

Officially adopted and must be used in all match games. We are equipping our basket ball goals now with nets constructed so that the bottom may be left open in practice games to permit the ball to drop through. The opening is closed readily by a draw string for match games.

No. 80. Per pair, \$4.00

Spalding Practice Goals

No. 70. Japanned iron rings and brackets. Complete with nets. Per pair, \$3.00

EXTRACT FROM OFFICIAL RULE BOOK



RULE III. GOALS
SEC. 3. The goal made by A. G. SPALDING & BROS. shall be the official goal.

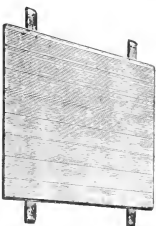
SEC. 4. The official goal must be used in all match games.

Spalding Outdoor Goals



The upright post is made of 4x6 inch selected chestnut. The backstop itself is made of tongue and groove chestnut, all of the woodwork being given two coats of durable outdoor paint. Furnished complete with pair of No. 80 Official Basket Ball Goals.

No. 160. Pair, \$40.00



Spalding Backstops Only For Basket Ball Goals

These backstops are made of 3/4 inch matched hard wood. The back of the board is reinforced by three cleats of 2 x 2 1/2 inch material. On flat walls the two end cleats extend above and below the backstop, which is attached to the wall by bolting through these cleats.

No. 100. Per pair, \$20.00

Spalding Thumb Protector

No. T. A substantial support that players will appreciate.

Each, 50c.



Spalding Bladders—Guaranteed Quality

No. OM. For No. M ball. \$1.25 | No. 16. For No. E ball. 75c.

No. A. For No. 18 ball. Each, 75c.

Spalding Basket Ball Score Books

No. 1. Paper cover, 10 games. Each, 10c.

No. 2. Cloth cover, 25 games. " 25c.

No. A. Collegiate, paper cover, 10 games. " 10c.

No. B. Collegiate, cloth cover, 25 games. " 25c.

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Spalding Basket Ball Shoes



No. BBR. THE SPALDING "EXPERT" BASKET BALL SHOE. Pure gum thick rubber sole, with special diamond point surface and reinforced edges to prevent sole spreading. Laces extremely far down. Made of best quality black calf in highest type of workmanship. We promise that the soles on these shoes are perfectly made but do not guarantee as to length of service. Per pair, **\$8.00**

No. AB. SPALDING BASKET BALL SHOES. The red rubber suction soles we use on these shoes are 1-16 inch thicker than any we have used before and quality is improved. One of the principal advantages of this style of sole is that it enables the player to obtain a good, firm purchase on the floor. Superior quality light drab chrome tan leather. Laces extremely far down. Pair, **\$5.00**

No. BB. SPALDING BASKET BALL SHOES. Suction soles of good quality red rubber. Uppers of good quality black leather. A very popular style of basket ball shoe. Per pair, **\$3.50**

No. BBL. SPALDING BASKET BALL SHOES FOR LADIES. These are otherwise same as No. BB shoe. Per pair, **\$3.50**



No. HH. SPALDING CANVAS TOP BASKET BALL SHOES. High cut white canvas upper. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on best rubber sole gymnasium shoe. A very durable and satisfactory shoe. Pair, **\$2.00**

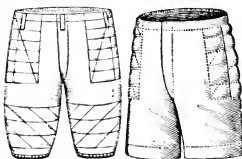
No. H. Same as No. HH, but low cut. " 1.75

Spalding Special Basket Ball Pants

No. 6B. Good quality, either Gray or White flannel, padded lightly on hips; very loose fitting. \$1 75

No. 5B. Heavy Brown or White canvas, padded lightly on hips; very loose fitting. Per pair, **\$1.00**

No. 7B. White silesia, hips lightly padded; very loose fitting. 75c.



No. 40P. Padded full knee length pants. Made of white silesia. 1 00

No. 40. Similar to No. 40P, but unpadded. Per pair, .75

No. 40P

No. 5B

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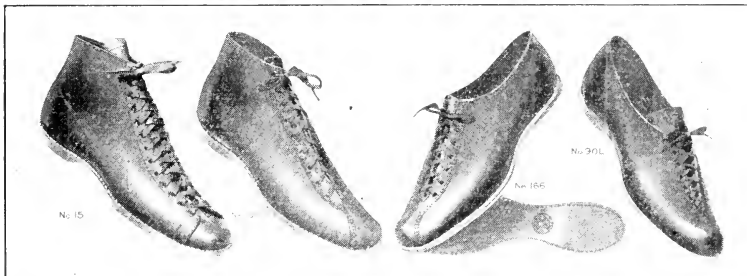


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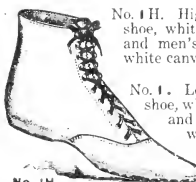
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Spalding Gymnasium Shoes



- No. 15. Kangaroo, elk skin sole, extra light, hand made. Per pair, **\$5.00**
 No. 155. Elk skin sole, soft and flexible; in ladies' and men's sizes. **4.50**
 No. 166. Low cut shoe, selected leather, extra light and electric sole; in ladies' and men's sizes. **3.00**
 No. 90L. For Ladies. Low cut shoe, good quality black leather, with electric sole and corrugated rubber heel. Very light and well made. Per pair, **\$2.00**

- No. 85L. Special ladies' low cut shoe, selected black leather, roughened electric sole.
 No. 19. Fine horse hide low cut shoe, flexible oak sole, roughened to prevent slipping; very light and comfortable. Per pair, **\$2.00**
 No. 19L. For Ladies. Per pair, **\$2.00**
 Otherwise same as No. 19. **2.00**
 No. 21. High cut.
 No. 20. Low cut; selected leather; electric sole. A very easy and flexible shoe. Per pair, **\$1.75**
 No. 20L. For Ladies. Otherwise this shoe is same as No. 20. Per pair, **\$1.75**



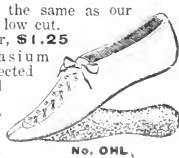
- No. 1H. High cut, best grade canvas shoe, white rubber sole; in ladies' and men's sizes; men's made of white canvas, ladies' of black.
 No. 1. Low cut, best grade canvas shoe, white rubber sole; in ladies' and men's sizes; men's made white canvas, ladies' black. Per pair, **\$1.50**
 No. M. High cut canvas, rubber sole. **\$1.00**
 No. K. Low cut canvas shoe, rubber sole. **75**
 No. E. Low cut canvas shoe, canvas sole. Very popular for gymnasium. Per pair, **35c.**

SPALDING LADIES' SHOES, WITH FLEXIBLE SOLES

- No. BHL. Ladies' gymnasium shoes, made of good quality selected leather, black color, with elk skin sole, high cut. Per pair, **\$1.50**
 No. PL. Ladies' gymnasium shoes, elk skin, pearl color, with electric soles, high cut. Pair, **\$1.50**
 No. OPL. Same as No. PL, except low cut. **\$1.25**



- No. OHL. This shoe is the same as our No. BHL shoe, except low cut. Per pair, **\$1.25**
 No. SL. Ladies' gymnasium shoes, made of selected leather, drab color, and high cut. Per pair, **\$1.00**
 No. OSL. Same as No. SL, except low cut. **90c.**



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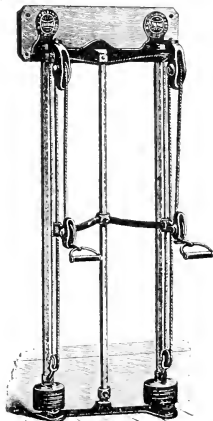
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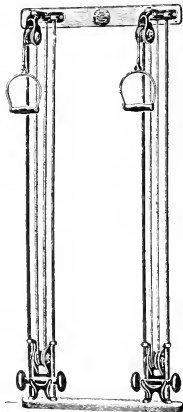
No. 5

Spalding Chest Weight No. 5

This machine has the Center Arm Adjustment, which permits of all the lower as well as the direct and upper chest movements. The various changes are made by raising or lowering the center arm, requiring but a few seconds. It really combines two machines in one, and is particularly suitable for home use where space is a consideration. Japan finish. One of the most reliable and satisfactory machines ever built. Each machine is equipped with 16 pounds of weights. Each, **\$15.00**

Spalding Chest Weight No. 2

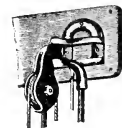
An ideal machine for home use. Well made and easy running. Rods are $\frac{3}{4}$ -inch coppered spring steel. Bearings are hardened steel cone points running in soft, gray iron, noiseless and durable. Weight carriage packed with felt, good for long wear, but easily removed and replaced when necessary without the use of glue or wedges of any kind. Weight carriage strikes on rubber bumpers. Weights are 5-pound iron dumb-bells, one to each carriage, and may be removed and used as dumb bells. Wall and floor boards are hard wood, nicely finished and stained. All castings heavily japanned. Every part of machine guaranteed free of defect. Each, **\$5.00**



No. 2

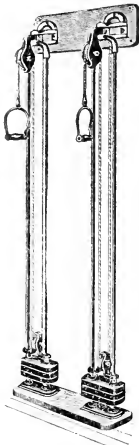
Spalding Chest Weight No. 12

We have just added this very well made machine to our line. Cast iron parts are all nicely japanned. The wheels are iron, turned true on centers, and have hardened steel cone point bearings. The guide rods are spring steel, copper-plated. The weight carriage has removable felt bushings, noiseless and durable. Each handle is equipped with 10 lbs. of weights.



Showing important details of Construction of No. 12 Machine.

Each, **\$10.00**



No. 12

Spalding Foot and Leg Attachment



Illustrating Method of Fastening Foot and Leg Attachment to No. 5 Chest Weight Machine.

No. 2. Made of heavy cowhide. Readily attached to one handle or both; can be worn with or without shoe. Each, **\$1.50**

Spalding Head and Neck Attachment



Illustrating Method of Fastening Head and Neck Attachment to No. 5 Chest Weight Machine.

No. 3. Well made of heavy cowhide. Ready for use by simply snapping to one of the handles or both. Each, **\$1.50**

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Spalding Swinging Rings—Complete for Home Use

Made of japanned iron, 8 inches in diameter, outside measurement.

No. 1. With 5-foot ropes. Pair, **\$3.50** || No. 3. With 7-foot ropes. Pair, **\$4.00**
No. 2. With 6-foot ropes. " **3.75** || No. 4. With 8-foot ropes. " **4.25**

Rings, leather covered, **\$4.00** per pair extra.

Without Ropes and Clamps.

No. 10. 6-inch. Pair, **\$1.00**

No. 20. 8-inch. " **1.50**

No. 30. 10-inch. " **2.00**

Sizes mentioned are inside measurements.

Rings, leather covered, **\$4.00** per pair extra.

Spalding Wooden Exercising Rings

No. 1. Made of three thicknesses of black walnut and maple glued together, with grain crossing.

Per pair, **\$1.00**

No. 2. Made of one piece of solid maple, nicely finished. Pair, **75 c.**

Spalding Single Trapeze

Complete for Home Use.

Prices, including 8 ft. of rope or less.

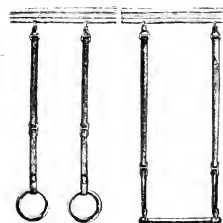
No. 1. 2½ foot bar. Each, **\$3.00**

No. 2. 3 foot bar. " **3.25**

No. 3. 3½ foot bar. " **3.50**

Spalding Home Gymnasium

Combining Swinging Rings, Trapeze, Stirrups and Swing



Can be put up
Anywhere

Especially adapted
for use by Boys
and Girls

No. 1. The apparatus is supported by two strong screw-hooks in the ceiling, about eighteen inches apart. It can also be used out of doors. The straps are of extra strong webbing and adjustable to any desired height; rings heavily japanned. Can be put up in any room, and removed in a moment,

leaving only two hooks in the ceiling visible. The various combinations can be quickly and easily made. We furnish in addition, a board, adjustable to the stirrups, which forms an excellent swing. Complete, **\$6.00**

Spalding Trapeze Bars, Without Rope

No. 1B. 2½ feet long, bars only. Each, **\$1.25**

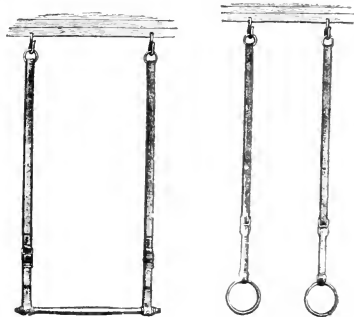
No. 2B. 3 feet long, bars only. " **1.50**

No. 3B. 3½ feet long, bars only. " **1.75**

Spalding

Adjustable Trapeze and Swinging Rings

Furnished complete, with everything necessary for suspending. The supports are made of extra strong webbing. Perfectly safe under all conditions and with the adjustable buckle may be adapted to any ceiling from 16 feet down.



No. 201. Adjustable Trapeze

No. 301. Adjustable Swinging Rings

No. 201. Trapeze. **\$3.50**

No. 301. Complete with 6-inch Japanned Swinging Rings. **\$3.50**

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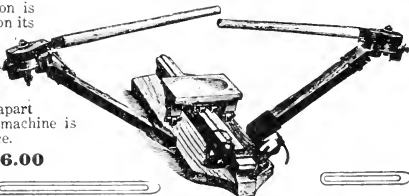
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The Laflin Friction Rowing Machine

Do not use oil on friction cylinder. If its action is not perfectly smooth a little clear soap rubbed on its surface will properly correct its action. The means used to produce the resistance is a simple friction clutch, which takes instant hold at the commencement of the stroke and retains the pressure till its completion, when it instantly releases it precisely as in a boat. Quickly taken apart without loosening any bolts or screws. Each machine is adjustable to any amount of friction or resistance.

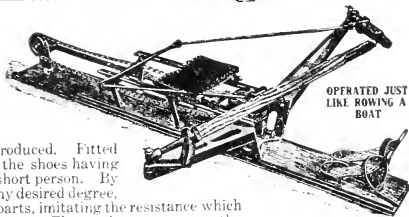
No. 119. Complete, \$16.00



Kerns' Rowing Machine

Suitable alike for the Athlete or the ordinary man or woman

The ideal boat for home use and training purposes. Used by the leading athletic clubs, colleges and prominent oarsmen of the world, and pronounced the most perfect rowing machine ever produced. Fitted with the Kerns' Patent Roller Seat and Shoes, the shoes having a three-inch adjustment, to suit either a tall or a short person. By turning a thumb-nut the belt can be tightened to any desired degree, and more or less friction thrown into the running parts, imitating the resistance which exists when forcing a row-boat through the water. The weaker sex can use the machine by simply loosening the thumb-nut which reduces the resistance; and on the other hand, by reversing the operation the resistance can be so increased that the strongest athlete can have any amount of resistance. The oars are pivoted in such a way that the operator can handle and turn them the same as he would during the return and feathering motion with a boat oar.

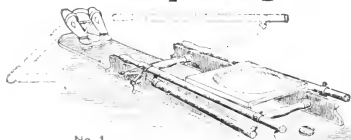


OPERATED JUST
LIKE ROWING A
BOAT

No. 600. Kerns' Patent Single Scull Rowing Machine. Each, \$30.00

Spalding Rowing Attachments

The Rowing Attachments listed below, which are to be used in connection with Chest Weight Machines, will be found particularly suitable for home use, as they may be detached from the weight machine quickly and can then be put away in a very small space until the next opportunity for use presents itself.



No. 1



No. 2

To be used in connection only with chest weights which have center arm adjustment, or with handles arranged so that they can be pulled from a bracket close to the floor.

No. 1. This attachment as will be noted, has out-riggers and arms similar to the rowing machine, and offers a great variety of work when used in connection with the chest weight. Complete **\$10.00**
No. 2. Designed to fill the demand for a low priced article of this kind, built along substantial lines. Will give entire satisfaction. Complete, **\$8.00**

NOTE—These Attachments can be used only in connection with the No. 6 Type of Chest Weight Machine.

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Spalding Adjustable Doorway Horizontal Bar



No. A. The bar itself is made of selected hickory, having steel tubular ends into which iron sockets screw, holding rubber cushions. The socket on one end contains a left hand thread, on the other end a right hand thread. By fitting the bar in the doorway and turning it with the hands the ends are made to expand. Size of doorway in which bar will be used must be stated when ordering, as the adjustment is not great enough to meet all requirements in one size bar. **Each, \$4.00**
This No. A Bar is supplied regularly to fit any doorway under 33 inches in width. Bars to fit wider doorways. **Extra, 50c.**



Spalding Doorway Horizontal Bar No. 101. The keys fastened to each end of bar fit in the side sockets, which are secured to door jamb. Complete with parts, **\$2.00** Extra Sockets for doorway. Pair, **50c.**

Spalding Mattresses

Covered with best No. 10 white duck, filled with two layers of best one-inch hair felt, closely tufted and strongly sewed.

Two inches thick.

No. 00. 3x5 ft.	\$8.00	No. 02. 5x 6 ft.	\$15.00
No. 01. 4x6 ft.	12 00	No. 03. 5x10 ft.	25.00



Spalding Floor Horizontal Bar



No. 72. Iron pipe uprights, cast steel head pieces, steel guy wires, wrought iron turn-buckles and floor plates; steel core bar.

Complete, **\$30.00**

No. 73. Same as our No. 72, except furnished with split hickory bar instead of steel core bar. Complete, **\$25.00**

No. 75. Iron uprights and guys, solid hickory bar. Complete, **\$20.00**

Spalding Wall Horizontal and Vaulting Bar

No. 74. The uprights, slides and adjusting feature are the same as used in all of our combination bars. When not in use it may be folded back against the wall.

Complete, **\$35.00**



Spalding Horizontal Bar



Steel Core Bars. The core is made of the finest tool steel. Every bar warranted.

No. 112. 5½ ft.	\$7.50	No. 114. 6½ ft.	\$8.50
No. 113. 6 ft.	8.00	No. 115. 7 ft.	9.00

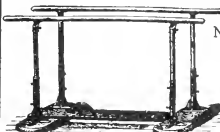
Spalding Solid Hickory Bars. Made of selected second growth hickory.

No. 116. 4 ft.	\$2.00	No. 119. 5½ ft.	\$3.00
No. 117. 4½ ft.	2.50	No. 120. 6 ft.	3.25
No. 118. 5 ft.	2.75	No. 121. 6½ ft.	3.50

Spalding

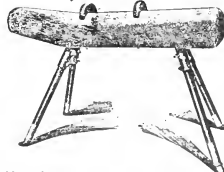
Parallel Bar

No. 101. This is an excellent medium priced bar, made adjustable in height and of good material throughout. The base is constructed of hard wood, the uprights are iron. The adjusting screws do not protrude as shown in cut. The hand rails are 8 feet long, regular but may be furnished in any desired length at additional cost. Complete, **\$35.00**



Spalding New Parallel Bar

No. 102. On account of lightness in its construction, is readily moved about. With wood base. **\$25.00**



Spalding

Vaulting Horse

No. 1. Four legs, telescoping, the inside or extension legs made of hard wood, with iron hoofs. Body covered with cowhide of the best quality;

closed pommels, easily detachable. Complete, **\$60.00**

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The SPALDING Tennis Rackets

The good points in the following rackets can be vouched for by some of the most successful of last season's players. In all of them quality of material and workmanship is superb and perfect balance assured. Each frame made of finest white ash, highly polished; combed Spanish cedar handle, leather capped.

Model GX. Gold Medal shape. Taped shoulders; strung with best lambs' gut. This racket is equal to the best of any other make. Each, **\$5.00**

Model DH. Hand made throughout and strung with special quality lambs' gut. Modeled after style racket used exclusively by some of the greatest players in the world. Made with extra stringing in central portion of racket. Each, **\$6.00**

No. 11. The Tournament. Taped shoulders; strung with good quality lambs' gut. A very popular model. Each, **\$4.00**

No. 8. The Slocum. Oval shape, good quality frame, strung with special Oriental gut. A very superior racket at a moderate price. Made with extra stringing in central portion of racket. Each, **\$3.50**



GUARANTEE

We guarantee to each purchaser of a Tennis Racket bearing the Spalding Trade-Mark that it will give satisfaction and a reasonable amount of service, when used solely for Lawn Tennis playing, and under ordinary conditions, and fair treatment. If this Racket proves defective in workmanship or material during the current year, please return, transportation charges prepaid, to any Spalding Store or to the Dealer from whom it was purchased, and the defect will be rectified. Imperfectly strung Rackets will be restrung, and in the event of a broken frame due to workmanship or defective material, the Racket will be replaced.

We urge that at the conclusion of play this Racket be rubbed dry, and when not in use be covered with a Waterproof Cover, placed in a Racket Press, and the gut occasionally varnished.

We will supply, if required, but cannot guarantee, any rackets weighing less than thirteen ounces.

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No. 5

No. 4

No. 7

No. 3

The SPALDING Tennis Rackets

No. 7. The Oval. Oval shape, good quality white ash frame, strung with special Oriental gut. Made with extra stringing in central portion of racket. Each, **\$2.50**

The following rackets are all excellent quality. Frames of the finest selected white ash, highly polished, with combed Spanish cedar handle, leather capped; stringing of good quality Oriental gut.

No. 5. The Lakeside. . . . Each, **\$3.00**

No. 4. The Greenwood. . . . " **2.00**

No. 3. The Geneva. . . . " **1.50**



GUARANTEE

We guarantee to each purchaser of a Tennis Racket bearing the Spalding Trade-Mark that it will give satisfaction and a reasonable amount of service, when used solely for Lawn Tennis playing, and under ordinary conditions, and fair treatment. If this Racket proves defective in workmanship or material during the current year, please return, transportation charges prepaid, to any Spalding Store or to the Dealer from whom it was purchased, and the defect will be rectified. Imperfectly strung Rackets will be restrung, and in the event of a broken frame due to workmanship or defective material, the Racket will be replaced.

We urge that at the conclusion of play this Racket be rubbed dry, and when not in use be covered with a Waterproof Cover, placed in a Racket Press, and the gut occasionally varnished.

We will supply, if required, but cannot guarantee, any racket weighing less than thirteen ounces.

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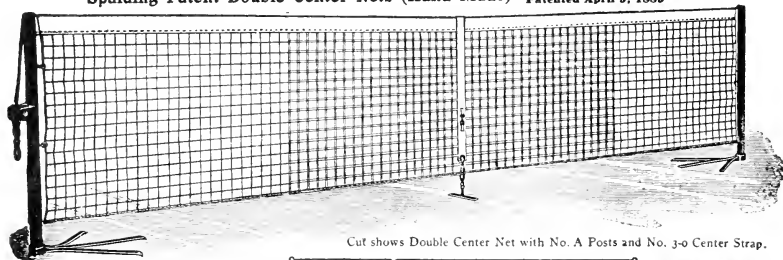
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SPALDING HAND MADE NETS

We recommend most strongly our hand made nets. Quality of material and workmanship is absolutely the best, and they are well worth many times the additional cost over the ordinary machine made styles on account of their greater durability. If posts are placed just 42 or 36 feet apart, nets will fit exactly when drawn taut.

Spalding Patent Double Center Nets (Hand Made)

Patented December 4, 1888
Patented April 9, 1889



Cut shows Double Center Net with No. A Posts and No. 3-o Center Strap.

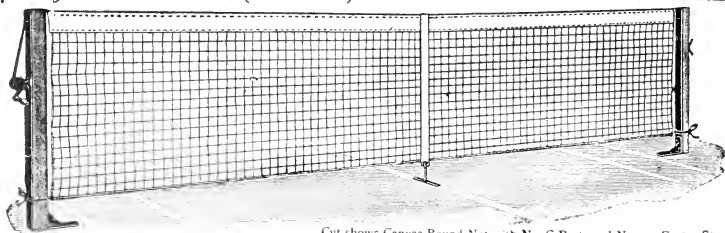
These have double twine knitted together from 11 to 13 feet, according to the size of the net. Will outlast two or more ordinary nets.

<i>White, 21 Thread, Double Court.</i>	
No. 2D. Length 36 ft., double center 11 ft.	\$6.50
No. 3D. Length 42 ft., double center 13 ft.	7.00
<i>White, 15 Thread, Double Court.</i>	
No. 2C. Length 36 ft., double center 11 ft.	\$6.00
No. 3C. Length 42 ft., double center 13 ft.	6.50

We supply lengths of 4-in. galvanized steel cable, consisting of five strands of seven wires each, twisted tightly, but very pliable, to be used instead of regular manila top rope, arranged with metal loop at each end and loop-spliced manila rope to fasten to posts. This is the most satisfactory and durable style of top rope made and is used on the courts of the most prominent clubs in this country. Each, **\$3.50**



Spalding Canvas Bound Nets (Hand Made)



Cut shows Canvas Bound Net with No. C Posts and No. 2-o Center Strap.

SPALDING INTERCOLLEGIATE NETS

Extra wide canvas strip at top, same style and quality as used at Newport and all championship events.

No. 3E. Double Court, 42 feet 21 thread, hand made. Each, **\$5.50**

No. 2E. Double Court, 36 feet, 21 thread, hand made. Each, **\$5.50**

SPALDING CANVAS BOUND NETS.

Top bound with heavy 2-inch canvas strip.

No. 3B. Double Court, hand made, 42 feet, 21 thread, white. Each, **\$5.50**

No. 2B. Double Court, hand made, 36 feet, 21 thread, white. Each, **\$5.00**

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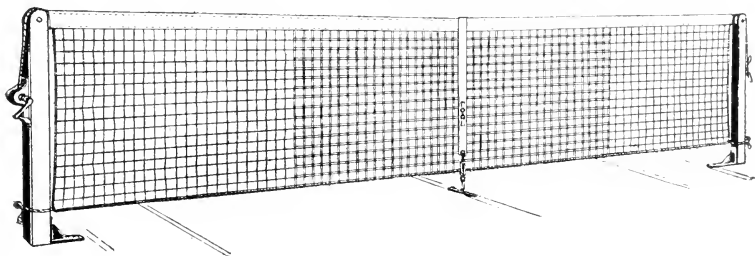


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SPALDING CLUB NETS BLACK TWINE

Black nets supplied by us were used in some of the most important tournaments last season and gave perfect satisfaction. Players appreciate the advantage which a black net gives in showing out the white ball more distinctly while playing. Nets are dyed with fast coloring matter and by a special process which adds to their durability. Bound at top with a doubled band of 8 ounce white duck, 3 inches wide, and equipped with heavy tarred manila ropes at top and bottom.

Spalding Club Nets—Black Twine (Hand Made)



Cut shows Club Net with No. B Posts and No. 3-0 Center Strap

- No. 2-0. 36 ft., 21 thread, double center 11ft. **\$7.50**
 No. 3-0. 42 ft., 21 thread, double center 13ft. **8.00**
 No. 4-0. 36 feet, 30 thread, single center. **7.50**
 No. 5-0. 42 feet, 30 thread, single center. **8.00**

We supply lengths of $\frac{1}{2}$ in. galvanized steel cable, consisting of five strands of seven wires each, twisted tightly, but very pliable, to be used instead of regular manila top rope, arranged with metal loop at each end and loop-spliced manila rope to fasten to posts. This is the most satisfactory and durable style of top rope made and is used on the courts of the most prominent clubs in this country. . . . Each, **\$3.50**

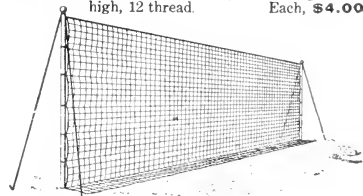
Cut Shown on Opposite Page.

Spalding Machine Made Nets

- Top and bottom bound with heavy cotton rope—White
 No. 1. Single court, 27 ft., 12 thread. Each, **\$1.00**
 No. 2. Double court, 36 ft., 15 thread. " **1.50**
 No. 3. Double court, 42 ft., 15 thread. " **1.75**
 Top bound with heavy 2-inch canvas strip—White
 No. 2A. Double court, 36 ft., 15 thread. Each, **\$2.25**
 No. 3A. Double court, 42 ft., 15 thread. " **2.50**

Twine Nets for Backstops

- No. 4. Machine Made, White, 50 feet long, 7 feet high, 9 thread. . . . Each, **\$2.50**
 No. 5. Machine Made, White, 50 feet long, 8 feet high, 12 thread. . . . Each, **\$3.50**
 No. 5X. Tarred, Machine Made, 50 feet long, 8 feet high, 12 thread. . . . Each, **\$4.00**



Backstop Post

- No. BS. Backstop Post only; wooden. Each, **\$1.25**

Guy Ropes and Pegs

- No. 3. For use with Backstop Posts; cotton ropes, fancy pegs. For one pair of Posts. Per set, **85c.**

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**SPALDING
EXHIBITION CLUBS**

Handsomely finished in ebonite and made for exhibition and stage purposes. The clubs are hollow, with a large body, and although extremely light, represent a club weighing three pounds or more.

No. A. Ebonite finish. Pair, \$3.50
No. AA. With German Silver Bands. Per pair, \$5.00

**Spalding Indian Club
and Dumb Bell Hangers**

Made of iron and nicely japanned

No. 3. For Indian Clubs, with screws. Per pair, 16c.

No. 4. For Dumb Bells, with screws. Per pair, 16c.

No. 5. For Indian Clubs, mounted on oak strips. Per pair, 25c.

No. 6. For Dumb Bells, mounted on oak strips. 25c.



No. 3

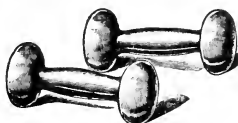


Iron Dumb Bells

Made on approved models, nicely balanced and finished in black enamel. Sizes 2 to 40 pounds 6c.
Over 40 pounds. 8c.

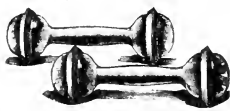
Bar Bells, any weight, wrought iron handles, any length made specially Pound, 10c.

Spalding Nickel-Plated Dumb Bells **Spalding Nickel-Plated Dumb Bells**
With Rubber Bands



Nickel-plated and polished.

1N. 1 lb. \$.25 4N. 4 lb. \$.75
2N. 2 lb. .50 5N. 5 lb. 1.00
3N. 3 lb. .65



Nickel-plated and polished.

1B. 1 lb. \$.65 3B. 3 lb. \$1.00
2B. 2 lb. .75 4B. 4 lb. 1.15
5B. 5 lb. 1.25

Savage Bar Bell—Especially designed by DR. WATSON L. SAVAGE.



Model S. Has large pear shaped ends with a flexible hickory shaft $\frac{1}{2}$ -inch in diameter, producing a vibratory exercise, similar to that obtained with the French wand. Per dozen, \$6.00

Spalding

Ash Bar Bells

No. 2. Selected material, highly polished, 5 feet long. Per dozen, \$5.00

Spalding School Wand

Spalding Calisthenic Wand

No. 3. $3\frac{1}{2}$ feet long. Made of straight grain maple. Per dozen, \$1.30
No. 4. $4\frac{1}{2}$ feet long. 1 inch dia meter. Per dozen, \$1.60



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Home Apparatus

"It is not so important to have big muscles as it is to have good digestion; it is not so important to have powerful muscles as it is to have a strong, regular heart; it is not so important to have great skill with one's muscles as to have good lungs and kidneys."—*Extract from Spalding Athletic Library No. 161—"Ten Minutes' Exercise for Busy Men."*

The value of a few minutes' exercise daily with scientific and properly designed apparatus, is rapidly becoming apparent to the vast number of business men who find it simply impossible to take regular outdoor exercise.

Spalding Gold Medal Indian Clubs

Natural Color, Lathe Polished, High Finish

Spalding Gold Medal Indian Clubs are made of selected first grade clear maple, in two popular models, and are perfect in balance. Each club bears fac-simile of the Spalding Gold Medal. Each pair is wrapped in paper bag.



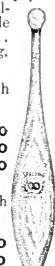
Model E

MODEL E
Weights specified are for each club.

PAIR		PAIR	
$\frac{1}{2}$ lb.	\$.60	$1\frac{1}{2}$ lb.	\$.80
$\frac{3}{4}$ lb.	.60	2 lb.	1.00
1 lb.	.70	3 lb.	1.20

MODEL B
Weights specified are for each club.

PAIR		PAIR	
$\frac{1}{2}$ lb.	\$.50	$1\frac{1}{2}$ lb.	\$.60
$\frac{3}{4}$ lb.	.50	2 lb.	.70
1 lb.	.55	3 lb.	.00



Model B

Spalding Trade-Mark Indian Clubs

Stained Finish

The following clubs bear our Trade-Mark, are made of good material, and are far superior in shape and finish to the best clubs of other makes. Furnished in two popular models. Each pair wrapped in paper bag.

MODEL ES
Weights specified are for each club.

PAIR	
$\frac{1}{2}$ lb.	35c.
$\frac{3}{4}$ lb.	35c.
1 lb.	40c.
$1\frac{1}{2}$ lb.	50c.
2 lb.	60c.
3 lb.	70c.



Model ES

MODEL BS

Weights specified are for each club.

PAIR	
$\frac{1}{2}$ lb.	30c.
$\frac{3}{4}$ lb.	30c.
1 lb.	35c.
$1\frac{1}{2}$ lb.	45c.
2 lb.	55c.
3 lb.	65c.



Model BS

Spalding Gold Medal Wood Dumb Bells

Natural Color, Lathe Polished, High Finish

Spalding Gold Medal Wood Dumb Bells are made of selected first grade clear maple, and are perfect in balance. Each bell bears fac-simile of the Spalding Gold Medal. Each pair is wrapped in paper bag.

Weights specified are for each bell.

$\frac{1}{2}$ lb.	$\frac{3}{4}$ lb.	1 lb.	$1\frac{1}{2}$ lb.	2 lb.
Pair, 40c.	45c.	50c.	55c.	65c.



Model A

Spalding Trade-Mark Wood Dumb Bells

Stained Finish

Spalding Trade-Mark quality. Made of good material and superior in shape and finish to the best wood dumb bells of other makes. Each pair wrapped in paper bag.



Model AW

Weights specified are for each bell.

$\frac{1}{2}$ lb.	$\frac{3}{4}$ lb.	1 lb.	$1\frac{1}{2}$ lb.	2 lb.
Pair, 30c.	30c.	35c.	45c.	55c.

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Spalding Hand Balls

- The leather covered hand balls we make are wound by hand, and are the same as those used by the best ball players in this country.
- No. 1. Match balls, regulation size and weight, leather cover. . . Each, **\$1.25**
No. 2. Expert, leather cover. . . **.85**
No. 6. Rubber hand ball, best quality, almost solid. . . **.40**
No. 4. Amateur, leather cover. . . **.25**
No. 5. Rubber hand ball. . . **.25**



The Irish Regulation Balls have been improved in quality and will give excellent satisfaction.

- RED ACE, IRISH REGULATION** red rubber ball. . . Each, **35c.**
BLACK ACE, IRISH REGULATION black rubber ball. . . Each, **35c.**

For other balls suitable for Hand Ball, send for Catalogue of Lawn Tennis Goods

Spalding Hand Ball Gloves and Mitts



- No. A. Gloves. Made of best quality glove leather with stitched front and special wrist pad. Pair, **\$3.00**
No. B. Mitts. Lightly padded. . . Per pair, **\$3.00**



- No. C. Gloves. Full fingered. . . Pair, **1.25**
No. D. Fingerless Gloves. . . **.60**

Spalding Official Push Ball



No. H. Inflated, this ball measures six feet in diameter, and it is so constructed that there is practically no danger of puncturing. The cover is of heavy cowhide, the bladder is made of pure Para rubber, and with each ball we supply a large foot pump for inflating. Complete. **\$200.00**

Spalding Water Polo Ball

Made of white rubber fabric. Inflated with key. Regulation size. Each, **\$2.00**

Water Polo Guide, containing directions for playing; official rules. No. 129. Each, **10c.**

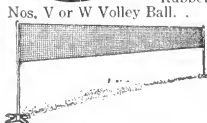


Spalding Volley Ball



Of white leather. With capless ends and furnished with pure gum guaranteed bladder.

- No. V. Regulation size, best quality. . . Each, **\$4.00**
No. W. Regulation size, good quality. . . Each, **\$2.50**
No. A. Guaranteed Pure Para Rubber Bladder, for either Nos. V or W Volley Ball. . . Each, **75c.**



Spalding Volley Ball Net and Standards

- No. 2. Volley Ball Standards, 8 feet high. With net. . . **\$8.50**

Spalding Improved Medicine Balls

Weigh from four to nine pounds. The covering is of selected tan leather, sewn in the same manner as our foot balls. Quality throughout has been much improved and the balls as now made are extremely durable.

- No. 11. 4-lb. ball. . . Each, **\$5.00**
No. 12. 6-lb. ball. . . **6.00**
No. 13. 9-lb. ball. . . **7.00**



Spalding Official Iron Quoits

No. O. Malleable iron, 8 1/2 inches in diameter, with hand clasp, as shown in cut. Set of 4, **\$10.00**



Spalding Official Quoit Pins

No. X. Steel Pins. Measure 36 inches long by 1 inch in diameter. Pair, **\$2.00**

Spalding Quoit Game

No. Q. Consists of metal stand with nickel-plated upright pin and six gutta percha quoits. Complete, **\$3.00**

No. QR. Rings same as furnished with No. Q. . . Each, **25c.**

Spalding Loaded Rubber Quoits

No. 6. Will not slide or roll. Weigh about 5 lbs. to a set. Specially adapted for indoor use. 4 to a set, **\$3.00**

Spalding Rubber Quoits

No. 5. Made of best Para rubber. For indoor or outdoor use. 4 quoits to set. **\$2.00**

Spalding Indoor Quoit Pins

No. J. Floor plate and detachable pin. Pair, **75c.**

Spalding Japped Iron Quoits

- No. 1. 4 1/2 inches diameter. Set of four, **60c.**
No. 2. 5 inches diameter. . . Set of four, **\$.75**
No. 3. 5 1/2 inches diameter. . . **.90**
No. 4. 6 inches diameter. . . **1.25**
No. W. Wrought Iron Pins. . . Per pair, **.30**



**Montreal
Canada**

**New York
Buffalo
Syracuse
Boston**

**Pittsburg
Baltimore**

**Philadelphia
Washington**

**New Orleans
Kansas City**

**Cleveland
Cincinnati**

**San Francisco
Minneapolis**

**London
England**

**Chicago
Detroit
St. Louis
Denver**

A. G. SPALDING & BROS.

in any of the following cities will receive attention.
For street numbers see inside front cover of this book.

Prices in effect July 6, 1908. Subject to change without notice.

**THE SPALDING
GUARANTEES
QUALITY**



**TRADE-MARK
ACCEPT NO
SUBSTITUTE**

THE SPALDING TRADE-MARK IS PLACED UPON EVERY GENUINE SPALDING ARTICLE. ACCEPT NO SUBSTITUTE.

FELT LETTERS, MONOGRAMS and EMBLEMS

The prices printed in *italics* will be quoted on orders of one-half dozen or more at one time. No reduction from regular retail prices on quantities of less than one-half dozen.

FELT LETTERS SEWED ON our Garments

The prices for different styles of lettering apply for either felt or cloth. Order by number and style as shown in cuts to avoid misunderstanding.



No. 2
Special



No. 4
Script



No. 3
Old English



No. 5
Fancy

Felt Lettering Sewed On our garments, either Special (No. 2), Old English (No. 3), Script (No. 4), or Fancy (No. 5) style letters. No stiffening on back. Cuts shown above.

Size	Retail	Doz.
3 or 4 in. Ea.	10c.	1.08
5 or 6 in. "	15c.	1.44
7 or 8 in. "	20c.	2.16
9 or 10 in. "	30c.	2.64
12 in. "	35c.	3.60

Felt Lettering Sewed On our garments, Either Block (No. 1) style or Plain (No. 6) style (See cuts.) No stiffening on back.

Size	Retail	Doz.
3 or 4 in. Each,	6c.	.60
5 or 6 in. "	10c.	1.08
7 or 8 in. "	15c.	1.44
9 or 10 in. "	20c.	1.92
12 in. "	25c.	2.40



No. 1
Block style



No. 6
Plain style

Felt Lettering Sewed On our garments, Either Block (No. 1) style or Plain (No. 6) style (See cuts.) Buckram pasted back.

Size	Retail	Doz.
3 or 4 in. Each,	10c.	1.08
5 or 6 in. "	15c.	1.56
7 or 8 in. "	25c.	2.40
9 or 10 in. "	30c.	3.00
11 or 12 in. "	35c.	3.60

FELT MONOGRAMS. No Background. Buckram Pasted Back.

When ordering, send design showing arrangement and style of letters.

Two Letter Monogram



Size	Retail	Doz.
3 in. Each,	15c.	\$1.44
4 in. "	20c.	2.16
5 in. "	25c.	2.40
6 in. "	30c.	2.76
7 in. "	35c.	3.60
8 in. "	40c.	4.20
9 in. "	45c.	4.80
10 in. "	50c.	5.40
12 in. "	60c.	6.00

Three Letter Monogram



Size	Retail	Doz.
4 in. Each,	25c.	\$2.40
5 in. "	30c.	3.00
6 in. "	35c.	3.60
7 in. "	40c.	4.20
8 in. "	45c.	4.56
9 in. "	50c.	5.04
10 in. "	55c.	5.52
12 in. "	65c.	6.60

Four Letter Monogram



Size	Retail	Doz.
4 in. Each,	30c.	\$3.00
5 in. "	35c.	3.60
6 in. "	40c.	4.20
7 in. "	45c.	4.80
8 in. "	50c.	5.40
9 in. "	60c.	6.60
10 in. "	70c.	7.20
12 in. "	80c.	8.40

FELT EMBLEMS. With Background. Any Color.

When ordering, send design showing arrangement of emblem and lettering.

One Letter



Size (diameter)	Retail	Doz.
3 in. Each,	15c.	\$1.56
4 in. "	20c.	2.16
5 in. "	22c.	2.40
6 in. "	25c.	2.64
7 in. "	30c.	3.24
8 in. "	35c.	3.60
9 in. "	35c.	3.60
10 in. "	40c.	4.20
12 in. "	40c.	4.20

Two Letters Plain or Monogram



Size (diameter)	Retail	Doz.
3 in. Each,	20c.	\$2.16
4 in. "	25c.	2.64
5 in. "	30c.	3.00
6 in. "	35c.	3.60
7 in. "	40c.	4.20
8 in. "	45c.	4.56
9 in. "	50c.	5.04
10 in. "	60c.	6.00
12 in. "	75c.	7.20

Three Letters Plain or Monogram



Size (diameter)	Retail	Doz.
4 in. Each,	25c.	\$2.64
5 in. "	30c.	3.24
6 in. "	35c.	3.84
7 in. "	40c.	4.20
8 in. "	45c.	4.80
9 in. "	60c.	6.00
10 in. "	75c.	7.20
12 in. "	90c.	9.00

Four Letters Plain or Monogram



Size (diameter)	Retail	Doz.
4 in. Each,	30c.	\$3.24
5 in. "	40c.	4.20
6 in. "	50c.	5.04
7 in. "	60c.	6.00
8 in. "	70c.	7.20
9 in. "	75c.	7.80
10 in. "	85c.	8.40
12 in. "	1.00	10.20

**Montreal
Canada**

**New York
Buffalo
Syracuse
Boston**

Communications addressed to

A. G. SPALDING & BROS.

in any of the following cities will receive attention.
For street numbers see inside front cover of this book.

**Pittsburg
Baltimore**

**Philadelphia
Washington**

**New Orleans
Kansas City**

**Cleveland
Cincinnati**

**San Francisco
Minneapolis**

**London
England**

**Chicago
Detroit
St. Louis
Denver**

Prices in effect July 6, 1908. Subject to change without notice.



SPALDING

Official National League Ball

Is the Standard of the World

It is the Original League Ball

It is the Official League Ball

It is the Universally Adopted League Ball

It is the Best League Ball

IT HAS BEEN FORMALLY ADOPTED AS THE

Official Ball of the National League for over 30 Years

It has also been adopted as the Official Ball for all Championship Games
by the following Professional Leagues:

EASTERN LEAGUE for 20 years
NEW ENGLAND LEAGUE for 20 years
NORTHERN LEAGUE for 5 years
WESTERN ASSOCIATION for 11 years
PACIFIC COAST LEAGUE for 5 years

INTER-STATE LEAGUE for 9 years
NEW YORK STATE LEAGUE for 11 years
CENTRAL LEAGUE for 5 years
COTTON STATES LEAGUE for 5 years
INDIANA, ILLINOIS and IOWA
LEAGUE for 7 years

and by 22 other Professional Leagues that have adopted the Spalding
Official National League Ball from 1 to 4 years.

THE Spalding Official National League Ball was first adopted by the National League in 1878, and is the only ball that has been used in Championship League Games since that time. In the recent great World's Championship Games in Chicago between the Chicago Nationals and the Detroit Americans the Spalding Official National League Ball was used.

IN addition to the different American adoptions, the Spalding Official National League Ball has been made the official ball by the governing Base Ball Associations of Mexico, Cuba, Canada, Australia, South Africa, Great Britain, Philippine Islands, Japan, and, in fact, wherever Base Ball is played. The Spalding Official National League Ball has received this universal adoption because of its well established reputation for uniformity and high quality, but the special object of such adoptions, from the players' standpoint, is to secure absolute uniformity in a ball, that will prevent unfair "jockeying" with an unknown ball, and make National and International Base Ball contests possible, and at the same time make the records of players of value, and uniform throughout the world, which can only be secured by standardizing one well known ball.

The Spalding Official National League Ball

is used by Yale, Harvard, Princeton and all prominent college teams. The soldiers and sailors in the United States Army and Navy use it exclusively. In fact, the Spalding League Ball is in universal use wherever Base Ball is played.

Once in a while a minor league will experiment for a short time with some other ball, but invariably returns to the Spalding Official National League Ball, which has now become universally recognized

The Standard of the World

Montreal Canada		Communications addressed to A. G. SPALDING & BROS. in any of the following cities will receive attention For street numbers see inside front cover of this book.				London England	
New York	Boston	Philadelphia	Chicago	Cincinnati	San Francisco		
Buffalo	Pittsburg	Washington	Cleveland	Kansas City	Denver		
Syracuse	Baltimore	New Orleans	Detroit	St. Louis	Minneapolis		

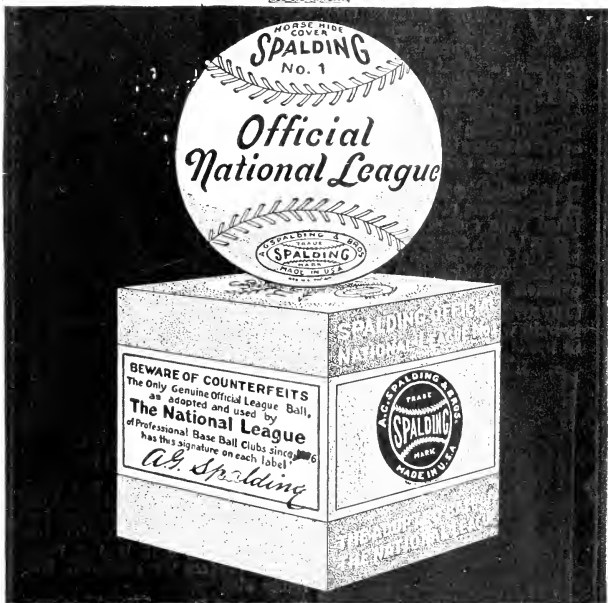
Prices in effect January 6, 1908. Subject to change without notice.

**THE SPALDING
GUARANTEES
QUALITY**



**TRADE-MARK
ACCEPT NO
SUBSTITUTE**

REG. U. S. PAT. OFF.



THE SPALDING OFFICIAL NATIONAL LEAGUE BALL

The Official ball of the game for over 30 years. Adopted by the National League in 1878, and the only ball used in Championship games since. Each ball wrapped in tinfoil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

No. 1. Each, \$1.50.

Official National League Jr.

Made with horse hide cover, and in every respect same as our Official National League Ball No. 1, except slightly smaller in size. Especially designed for junior clubs composed of boys under 16 years of age and all games in which this ball is used will be recognized as legal games. Warranted to last a full game when used under ordinary conditions.

No. B1. Each, \$1.00.

<p>Montreal Canada</p>		<p>Communications addressed to A. G. SPALDING & BROS. in any of the following cities will receive attention <small>For street numbers see inside front cover of this book.</small></p>				<p>London England</p>	
<p>New York Buffalo Syracuse</p>	<p>Boston Pittsburg Baltimore</p>	<p>Philadelphia Washington New Orleans</p>	<p>Chicago Cleveland Detroit</p>	<p>Cincinnati Kansas City St. Louis</p>	<p>San Francisco Denver Minneapolis</p>		

Prices in effect January 6, 1908. Subject to change without notice.

Durand-Steel Lockers

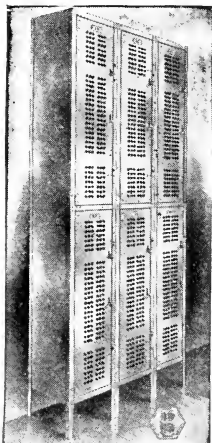
WOODEN LOCKERS are objectionable because they attract vermin, absorb odors, can be easily broken into, and are dangerous on account of fire. Lockers made from wire mesh or expanded metal afford little security, as they can be easily entered with wire cutters. Clothes placed in them become covered with dust and the lockers themselves present a poor appearance, resembling animal cages.

Durand-Steel Lockers are made of high-grade steel plates, and are finished with gloss-black Furnace baked Japan (400°), comparable to that used on hospital ware, which will never flake off nor require refinishing, as do paints and enamels.

Durand-Steel Lockers are usually built with doors perforated full length in panel design, with sides and backs solid.



Three Lockers in Single Tier



Six Lockers in Double Tier

This prevents clothes in one locker from

coming in contact with wet garments in adjoining lockers, while plenty of ventilation is secured by having the door perforated its entire length, but if the purchaser prefers we perforate the backs also.

The cost of Durand-Steel Lockers is no more than that of first-class wooden lockers, and they last as long as the building, are sanitary, secure, and in addition, are fire-proof.

We are handling lockers as a special contract business, and shipment will in every case be made direct from the factory in Chicago. If you will let us know the number of lockers, size, and arrangement, we shall be glad to take up through correspondence the matter of prices.

A. G. SPALDING & BROS.

Send for Complete Catalogue of all Athletic Sports.

Stores in all large cities. See inside cover page of this book.

THE following index from Spalding's latest Catalogues will give an idea of the great variety of Athletic Goods manufactured by A. G. Spalding & Bros.

<p>Ankle Brace, Skate Archery Ash Bars Athletic Library Attachments, Chest Weight Bags, Bathing Suit Bags, Caddy Bags, Cricket Bags, Uniform Balls, Base Balls, Basket Ball Cleaner, Golf Balls, Cricket Balls, Golf Balls, Playground Balls, Squash Balls, Tennis Bandages, Elastic Bar Balls Bar Stalls Bars, Parallel Bases, Base Ball Bases, Indoor Basket Ball Wear Bathing Suits Bats, Base Ball Bats, Cricket Bats, Indoor Batting Cage, Base Ball Belts Bladders, Basket Ball Bladders, Foot Ball Blades, Fencing Blouses, Umpire Boxing Gloves Caddy Badges Caps, Base Ball Caps, University Caps, Skull Center Forks, Iron Center Straps, Canvas Chest Weights Coats, Base Ball Collars, Swimming Combination Uniforms Corks, Running Cricket Goods Croquet Goods Cross Bars Discus, Olympic Discs, Marking Discs, Rubber Golf Disks, Striking Bag Dumb Bells Emblems Equestrian Polo Exerciser, Home Exhibition Clubs Fencing Sticks Field Hockey Finger Protection Flags, College Flags, Marking Foils, Fencing Foot Balls, Association Foot Balls, Rugby Foot Ball Goal Nets Foot Ball Timer Foul Flags</p>	<p>Gloves, Base Ball Gloves, Cricket Gloves, Fencing Gloves, Golf Gloves, Handball Gloves, Hockey Glove Softener Goals, Basket Ball Goal Cage, Polo Goals, Foot Ball Goals, Hockey Golf Clubs Golf Counters Golfette Grips, Athletic Grips, Golf Guy Ropes and Pegs Gymnasium, Home Gymnasium Board, Home Hammers, Athletic Handballs Handle Cover, Rubber Hangers for Indian Clubs Hats, University Head Harness Health Pull Hob Nails Hockey Sticks Hole Cutter, Golf Hole Rim, Golf Horizontal Bars Hurdles, Safety Indoor Base Ball Indian Clubs Inflaters, Foot Ball Inflaters, Striking Bag Jackets, Fencing Jackets, Foot Ball Jackets, Swimming Jerseys Knee Protectors Knickerbockers, Foot Ball Lace, Foot Ball Lanes for Sprints Lawn Bowls Leg Guards, Crittlet Leg Guards, Foot Ball Leg Guards, Hockey Leg Guards, Polo Letters, Embroidered Letters, Woven Lockers, Durand-Steel Mallet, Cricket Markers, Tennis Masks, Base Ball Masks, Fencing Masks, Nose Masseur, Abdominal Mattresses Medicine Balls Megaphones Mitts, Base Ball Mitts, Handball Mitts, Striking Bag Moccasins Mouthpiece, Foot Ball Needle, Lacing Nets, Tennis Net, Volley Ball Numbers, Competitors</p>	<p>Pad, Chamois, Fencing Pads, Foot Ball Paint, Golf Pants, Base Ball Pants, Basket Ball Pants, Boys' Knee Pants, Foot Ball Pants, Hockey Pants, Roller Polo Pants, Running Pistol, Starter's Plastrons, Fencing Plates, Base Ball Shoe Plates, Home Plates, Marking Plates, Pitchers' Box Plates, Teeing Platforms, Striking Bag Poles, Ski Poles, Vaulting Polo, Roller, Goods Protector, Abdomen Protector, Elbow Protector, Polo Protection for Running Shoes Pucks, Hockey Push Ball Pushers, Chamois Puttees, Golf Quantity Prices Quits Racket Covers Rackets, Lawn Tennis Racket Presses Rackets Restrung Rapiers Reels for Tennis Posts Relieves' Horns Relieves' Whistle Rings, Exercising Rings, Swinging Rowing Machines Roque Scabbards for Skates Score Board, Golf Score Books, Base Ball Score Books, Basket Ball Score Books, Cricket Score Books, Golf Score Books, Tennis Scoring Tablets, Base Ball Seven-Foot Circle Shin Guards, Association Shin Guards, Rugby Shin Guards, Hockey Shin Guards, Polo Shirts, Base Ball Shirts, Basket Ball Shirts, Sleeveless Shoes, Base Ball Shoes, Basket Ball Shoes, Bowling Shoes, Cross Country Shoes, Cricket Shoes, Fencing Shoes, Foot Ball, Association Shoes, Foot Ball, Rugby Shoes, Golf Shoes, Gymnasium Shoes, Jumping Shoes, Running</p>	<p>Shoes, Skating Shoes, Squash Shoes, Tennis Shot, Indoor Shot, Massage Skate Bags Skates, Hockey Skate Holders Skates, Ice Skates, Racing Skates, Rink, Ice Skate Rollers Skates, Roller Skates, Tubular Skate Straps Skis Sleeve Bands, College Shippers, Bathing Snow Shoes Squash Goods Standards, Vaulting Standards, Volley Ball Starters' Pistol Steel Cable Sticks, Polo Stockings Stop Boards Striking Bags Studs, Golf Stumps and Bails Suits, Union, Foot Ball Supporters Supporters, Ankle Supporters, Wrist Suspensories Sweaters Swimming Suits Swivel Striking Bags Swords, Fencing Swords, Duelling Tackling Machine Take off Board Tapes, Adhesive Tapes, Marking Tapes, Measuring Tees, Golf Tennis Fists Tether Tennis Tights Toboggans Toboggan Cushions Toboggan Toe Caps Toe Boards Toques Trapeze, Adjustable Trapeze, Single Trousers, Y. M. C. A. Trunks, Bathing Trunks, Velvet Trunks, Worsted Umpire Indicator Uniforms, Base Ball Varnish for Gut Volley Balls Water Polo Ball Wands, Calisthenic Watches, Stop Water Wings Weights, 50-lb. Whistles, Referees' Whitley Exerciser Wrist Machine</p>
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THE SPALDING TRADE-MARK

PROTECTS
THE
CONSUMER

AND

PREVENTS
FRAUDULENT
SUBSTITUTION

**The Nondescript
Manufacturer
says to the
Dealer:**

"Why pay 15 to 20 per cent. more for Spalding Trade Marked Athletic Goods, when I am prepared to furnish you 'Just as good' articles for so much less price?"



**The Substitute
Dealer says
to the Con-
sumer:**

"We are just out of the Spalding article asked for, but here is something 'Just as good' at 25 per cent. less price."

Spalding Cautions the Consumer

to make proper allowances for these "JUST AS GOOD" manufacturers and substitute-dealers' statements, but see to it that the Spalding Trade-Mark is on, or attached, to each Spalding Athletic article; for without this Trade-Mark they are not genuine Spalding Goods.

We are prompted to issue this Caution to users of Spalding's Athletic Goods, for the reason that many defective articles made and sold by these "Just as Good" manufacturers and dealers are returned to us as defective and unsatisfactory, and which the consumer, who has been thus deceived, has asked us to repair or replace under our broad Guarantee, which reads as follows:

We Guarantee to each purchaser of an article bearing the Spalding Trade-Mark that such article will give satisfaction and a reasonable amount of service, when used for the purpose for which it was intended and under ordinary conditions and fair treatment.

We Agree to repair or replace free of charge any such article which proves defective in material or workmanship; PROVIDED such defective article is returned to us, transportation prepaid, during the season in which it was purchased, accompanied by the name, address and a letter from the user explaining the claim.

A.C. Spalding & Bros.

Beware of the "Just as Good" manufacturer, who makes "appearance" first and "Quality" secondary, in order to deceive the dealer; and beware of the substitute-dealer, who completes the fraud by offering the consumer the "Just as Good" article when Spalding's Goods are asked for.

THE SPALDING TRADE-MARK

PROTECTS
THE
CONSUMER

AND

PREVENTS
FRAUDULENT
SUBSTITUTION

Who are A. G. Spalding & Bros.?

ALBERT G. and J. WALTER SPALDING commenced business March 1st, 1876, at Chicago, under the firm name of A. G. Spalding & Bro., with a small capital. Two years later their brother-in-law, William T. Brown, came into the business, and the firm name was then changed to A. G. Spalding & Bros.

The business was founded on the Athletic reputation of Mr. A. G. Spalding, who acquired a national prominence in the realm of Sport, as Captain and Pitcher of the Forest City's of Rockford, Ill. (1865-70), the original Boston Base Ball Club (Champions of the United States, 1871-75), and the Chicago Ball Club (1876-77), first Champions of the National League. He was also one of the original organizers, and for many years a director, of the National League of America, the premier Base Ball organization of the world. Mr. Spalding has taken an important part in Base Ball affairs ever since it became the National Game of the United States at the close of the Civil War in 1865. The returning veterans of that War, who had played the game as a camp diversion, disseminated this new American field sport throughout the country, and thus gave it its national character.

Base Ball Goods were the only articles of merchandise carried the first year. Gradually implements and accessories of Athletic Sports were added, until the firm now manufactures the requisites for all kinds of Athletic Sports. Originally the firm contracted for its supplies from outside manufacturers, but finding it impossible, by this method, to keep the standard of quality up to its high ideals, it gradually commenced the manufacture of its own goods, and by the acquisition from time to time of various established factories located in different parts of the country, is now able

to and does manufacture in its own factories everything bearing the Spalding Trade-Mark, which stands the world over as a guarantee of the highest quality.



There are over three thousand persons employed in various capacities in A. G. Spalding & Bros.' factories and stores located in all the leading cities of the United States, Canada and England. A capital of over \$1,000,000 is employed in carrying on this business, and the annual sales exceed the total combined annual sales of all other manufacturers in the world making similar lines of goods.

A. G. Spalding & Bros. have always taken a leading part in the introduction, in the encouragement and in the support of *all new Sports and Games*, and the prominence attained by Athletic Sports in the United States is in a very great measure due to the energy, to the enterprise and to the liberality of this progressive concern. This firm was the pioneer and, in fact, the founder of the Athletic Goods Trade in America, and is now universally recognized as the undisputed Leader in the Athletic Goods line throughout the world.

The late Marshall Field of Chicago, America's greatest Merchant, speaking of the business of A. G. Spalding & Bros., said: "I am familiar with its early career, growth and development, and when I compare its unpromising outlook and the special field for its operations that existed at its inception in 1876, with its present magnitude, I consider it one of the most remarkable mercantile successes of the world."

The millions of Athletes using them and the thousands of dealers selling them, attest to the High Quality of Spalding's Athletic Goods, and they must determine the future history of this concern.

A. G. Spalding & Bros.
are the leading manufacturers
of Athletic Goods in the world.

SPALDING

ATHLETIC LIB

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A separate book covers every Athletic Sport
and is Official and Standard
Price 10 cents each

GRAND PRIZE



ST. LOUIS, 1904



GRAND PRIX



PARIS, 1900

SPALDING ATHLETIC GOODS

ARE THE STANDARD OF THE WORLD

A. G. SPALDING & BROS.

MAINTAIN WHOLESALE and RETAIL STORES in the FOLLOWING CITIES

NEW YORK

CHICAGO

PHILADELPHIA

ST. LOUIS

BOSTON

CINCINNATI

BALTIMORE

CLEVELAND

WASHINGTON

DETROIT

PITTSBURG

KANSAS CITY

BUFFALO

MINNEAPOLIS

SYRACUSE

DENVER

NEW ORLEANS

SAN FRANCISCO

MONTREAL, CAN

LONDON, ENG.

Factories owned and operated by A.G. Spalding & Bros. and where all of Spalding's TradeMarked Athletic Goods are made are located in the following cities

NEW YORK, CHICAGO, SAN FRANCISCO, CHICOPEE, MASS.
BROOKLYN, BOSTON, PHILADELPHIA, LONDON, ENG.